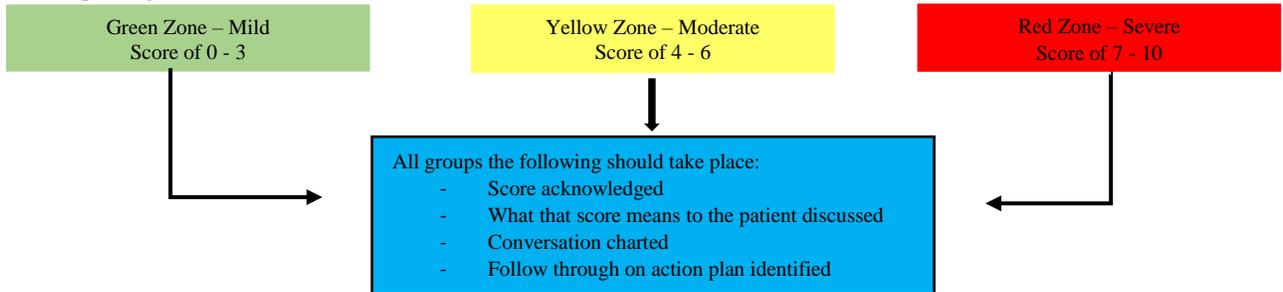


Peninsulas – Screening for Distress Resource Pathways

Cancer Care Resources			Community Resources
Social Work Referral: GB Cross: 466-6173 Cancer Centre: 777-7604, Fax: 777-6185 Burin: 891-3446 Bonavista: 468-5254	M A N A G E D B Y C A N C E R C A R E T E A M	ESAS-R and CPC Practical Concerns - Work/School - Finances - Getting to and from appointments - Accommodation Emotional Concerns - Fears/worries - Sadness - Frustration/Anger - Changes in appearance - Intimacy/Sexuality Anxiety Depression Poor Wellbeing Spiritual Concerns - Meaning/purpose of life - Faith Social/Family Concerns - Feeling a burden to others - Worry about family/friends Pain Tiredness Drowsiness Nausea Lack of appetite Shortness of breath Physical Concerns - Concentration/memory - Sleep - Weight Informational Concerns - Understanding my illness and/or treatment - Talking with my medical team - Making treatment decisions - Knowing about available resources	Medication: NLPDP: 1-888-859-3535 Compassionate Access Coordinator, Cancer Centre 777-7541 Social Work Assistant, HSC: 777-7446 Social Work Assistant, SCMH: 777-5206
Pain and Symptom. Palliative Care Services: Palliative End of Life Coordinator – 759-3361 Health & Community Services: 466-5725 Palliative & Bereavement Social Worker, Health & Community Services: 466-5779			Mental Health: Start Clinic: 777-5390, Bonavista 468-5237 Clarenville: 466-5700, Marystown: 279-7900 Consider accessing Employer’s Employee and Family Assistance Program (EFAP)
Nutrition Services: Cancer Centre: 777-7604, Fax: 777-6185 GB Cross: 466-5263, Bonavista: 468-5176 Burin: 891-3393			Pastoral Care: Eastern Health, Peninsulas Region: Rev. Kevin Durdle: 466-6356
Aboriginal Navigators: 777-2199			Health and Community Services: See regional listings
Outpatient Appointments: Cancer Centre: 777-7176 Clarenville: 466-5263 Burin: 891-3393, Bonavista: 468-5176			Fertility Services Nurse Coordinator: 752-3664, Fertile Future: 1-877-467-3066
Client Relations/Complaints: Eastern Health: 777-6500 Email: client.relationsofficer@easternhealth.ca			Transportation: Volunteer Driver Program: 753-6520 Red Cross Driving Program: 758-8400 Hope Air: 1-877-346-4673 (www.hopeair.org)
Cancer Patient Navigators: 1-855-848-3888 Karen Pritchett: 466-5763			Young Adult Cancer Canada Team 579-7325 (Phone), 579-7326 (Fax) connect@youngadultcancer.ca www.youngadultcancer.ca
Lymphedema: Lymphedema Coordinator: 777-8713			Smokers Help Line NL: 1-800-363-5864
Look Good Feel Better: Cancer Centre: 777-6480			Financial Programs: Medical Travel Assistance Program: 1-877-475-2412 Veterans Affairs: 1-800-563-9623 (www.vac-acc.gc.ca) Workman’s Compensation: 1-800-563-9000 (www.whscc.nf.ca) Human Resources Development Canada: 1-800-622-6232 (www.hrdc.drhc.gc.ca) Dr. H. Bliss Murphy Cancer Care Foundation: Send referral via Social Work Canada Pension disability: www.servicecanada.gc.ca/eng/.../pensions/cpp/disability
Rehabilitation – PT/OT: Bonavista: 1-709-468-7881 Burin: 1-709-891-1040 Clarenville: 1-709-466-5263			Medical Equipment and Supplies: Special Equipment & Supplies, Eastern Health: 777-7404 Red Cross: 758-8400, The Hub: 754-0352
Enterostomal Therapy/Wound Care: Clarenville: 466-5383 Burin: 891-5051 Bonavista: 777-7554 or 777-7555	Accommodations: Agnes Cowan Hostel: 777-6831, Daffodil Place: 753-6520 Extended Stay: 754-7888, Hillview Terrace: 1-888-754-9822		
	Websites: Canadian Cancer Society: www.cancer.ca Eastern Health: www.easternhealth.ca Federal Government Program: www.hrdc.drhc.gc.ca Provincial Government Programs: www.health.gov.nl.ca		

Guide to Interpreting Scores



INFORMATION THAT MUST BE DOCUMENTED

- ✓ Sign and Date Screening for Distress tool (indicate reason if tool is not completed)
- ✓ That concerns were reviewed through conversation with patient and health care provider
- ✓ Patients’ priority concerns
- ✓ Action Taken (i.e. nursing intervention referrals, etc.)
- ✓ Follow-up plan if any (i.e. nurse to follow-up)