



Cervical Screening Initiatives

**Any Woman Can Book a Pap Test By
Calling Your Doctor's Office or
One of These Pap Clinics:**

Bonavista Health Care Center 468-5170

**Dr. Janet Chaytor 466-1095
(Clarenville)**

**Dr. Jackie Elliott 543-2490
Port Blandford Medical Clinic**

**Placentia West Medical Clinic 443-2100
(Burin Highway)**

*How far will you go
to prevent Cervical Cancer? Go the distance!*

Have a regular Pap test.... 1-866-643-8719

Facts

A lot has changed about Pap testing in NL. Talk to your doctor on what is right for you!

- ❖ A routine Pap test can prevent almost all cancer of the cervix.
- ❖ A routine Pap test is 1 every 3 years. Talk to your family doctor or nurse practitioner.
- ❖ Women can reduce their risk of developing cervical cancer by: having a regular Pap test, limiting their number of sexual partners, not having sex at an early age and not smoking.
- ❖ If you are sexually active, start Pap testing at age 21, but don't wait that long to talk to your doctor about sexual health!
- ❖ One of the biggest risks for developing cervical cancer is not being screened.
- ❖ The lifetime probability of a women developing cervical cancer in Canada is 1 in 152.



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**For more information call the Cervical Screening Initiatives Program at
1-866-643-8719 or 466-5771
e-mail: kelly.cooperbeach@easternhealth.ca**