Where can I have a Pap test?

Avalon Peninsula

You can book a Pap test by calling your doctor’s office or one of the following:

- Blackmarsh Road Family Care Walk In Clinic (Dominion) 576-6555
- Carbonear Women’s Wellness Clinic 945-5126
- Family Tree Medical (Saturday 9am-12pm once a mth) 722-8561
- Memorial Student Health Services (MUN & CONA students only) 864-7597
- Mt. Carmel Health Centre (Kim French-NP) 521-2113
- Newhook Community Health Centre (Whitbourne) 759-2300 Press 2
- NL Sexual Health Center (Planned Parenthood) 579-1009 (1-877-666-9847)
- Placentia Health Centre 227-4105
- St. Mary’s Bay Health Centre (Kim French-NP) 525-2980
- Family First Medical (Topsail Rd) Female physicians 753-4800
- Dr. Maureen Gibbons (Major’s Path) Saturdays only 579-2324
- Dr. Allison Hillman (North Plaza Medical, Goulds) 747-7544
- Dr. Ruth LeDrew (Paradise Medical Clinic) 782-3883
- Dr. Annette McCarthy (Bay Bulls) 334-2206
- Dr. Cliona McManamon & Jessica Miller BN (63 Airport Rd) 579-4901
- Dr. Chin-Chai Tan (Walk-In, Empire Medical Centre) 579-7391
- Dr. Walter Templeman Health Center (Bell Island) 488-2821
- Dr. A.A. Wilkinson Memorial Health Clinic (Old Perlican) 587-2200 Press 3
- Dr. Megan Hayes (Harbour Grace) 596-6780
- Glenda Stagg, NP (Buckmaster Community Center) 752-4906
- Dr. Drover (Torbay Medical Clinic) 437-6402

* Height Adjustable Bed

November, 2018
Facts

A lot has changed about Pap testing in NL
Talk to your doctor about what is right for you!

❖ A regular Pap test can prevent almost all cancer of the cervix!

❖ Unless your doctor tells you otherwise have a Pap test once a year for 3 years in a row. If all results are normal, begin having a Pap every 3 years.

❖ Women can reduce their risk of developing cervical cancer by: having a regular Pap test, limiting their number of sexual partners, not having sex at an early age, and not smoking.

❖ If you are sexually active, start Pap testing at age 21, but don’t wait that long to talk to your doctor about sexual health!

❖ Most Cervical cancer affects women between the ages of 30 to 59.

❖ Women in Newfoundland and Labrador have one of the highest rates of cervical cancer in the country.

❖ The lifetime probability of a woman developing cervical cancer in Canada is 1 in 153.

Go the distance….Have a regular Pap test!

709.752.4353 - 1.866.643.8719

Facts taken from Provincial Cervical Screening Initiatives Brochure and The Canadian Cancer Society website