

You can book a Pap test by calling your doctor's office or one of the following:

Blackmarsh Road Family Care Walk In Clinic (Dominion)	576-6555
Carbonear Women's Wellness Clinic	945-5126
* Family Tree Medical (Saturday 9am-12pm once a mth)	722-8561
Memorial Student Health Services (MUN & CONA students only)	864-7597
Mt. Carmel Health Centre (Kim French-NP)	521-2113
Newhook Community Health Centre (Whitbourne)	759-2300 Press 2
* NL Sexual Health Center (Planned Parenthood)	579-1009 (1-877-666-9847)
Placentia Health Centre	227-4105
St. Mary's Bay Health Centre (Kim French-NP)	525-2980
Family First Medical (Topsail Rd) Female physicians	753-4800
Dr. Maureen Gibbons (Major's Path) Saturdays only	579-2324
Dr. Allison Hillman (North Plaza Medical, Goulds)	747-7544
Dr. Ruth LeDrew (Paradise Medical Clinic)	782-3883
Dr. Annette McCarthy (Bay Bulls)	334-2206
Dr. Cliona McManamon & Jessica Miller BN (63 Airport Rd)	579-4901
Dr. Chin-Chai Tan (Walk-In, Empire Medical Centre)	579-7391
Dr. Walter Templeman Health Center (Bell Island)	488-2821
Dr. A.A. Wilkinson Memorial Health Clinic (Old Perlican)	587-2200 Press 3
Dr. Megan Hayes (Harbour Grace)	596-6780
Glenda Stagg, NP (Buckmaster Community Center)	752-4906
Dr. Drover (Torbay Medical Clinic)	437-6402
* Height Adjustable Bed	

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Facts

A lot has changed about Pap testing in NL Talk to your doctor about what is right for you!

- ❖ A regular Pap test can prevent almost all cancer of the cervix!
- ❖ Unless your doctor tells you otherwise have a Pap test once a year for 3 years in a row. If all results are normal, begin having a Pap every 3 years.
- ❖ Women can reduce their risk of developing cervical cancer by: having a regular Pap test, limiting their number of sexual partners, not having sex at an early age, and not smoking.
- ❖ If you are sexually active, start Pap testing at age 21, but don't wait that long to talk to your doctor about sexual health!
- ❖ Most Cervical cancer affects women between the ages of 30 to 59.
- ❖ Women in Newfoundland and Labrador have one of the highest rates of cervical cancer in the country.
- ❖ The lifetime probability of a woman developing cervical cancer in Canada is 1 in 153.



*How far will you go
to prevent Cervical Cancer?*

Go the distance....Have a regular Pap test!

709.752.4353 - 1.866.643.8719

Facts taken from Provincial Cervical Screening Initiatives Brochure and
The Canadian Cancer Society website

<http://info.cancer.ca/E/CCE/cceexplorer.asp?tocid=12>