



CANCER *Care*

A PROGRAM OF EASTERN HEALTH



A JOURNEY IN THE BIG LAND: ENHANCING CANCER SERVICES FOR FIRST
NATIONS, INUIT AND METIS IN LABRADOR

COMMUNITY AND CLINIC PROFILES

DECEMBER, 2015

www.easternhealth.ca

An initiative of / Une initiative de



In March 2014, work begun on the three-year initiative funded by the Canadian Partnership Against Cancer, entitled *A Journey in the Big Land*. This initiative is aimed at enhancing the cancer care journey for First Nations, Inuit and Metis (FNIM) patients in Labrador. The Community and Clinic profiles were developed in partnership with numerous staff, patients and community members representing the FNIM, Labrador-Grenfell and Eastern Health partners. These profiles provide an overview of each FNIM community and outline access to health care facilities, to help familiarize the health care team with supports and resources available to patients at their local community level; and to ultimately enhance discharge planning and transitions in care.

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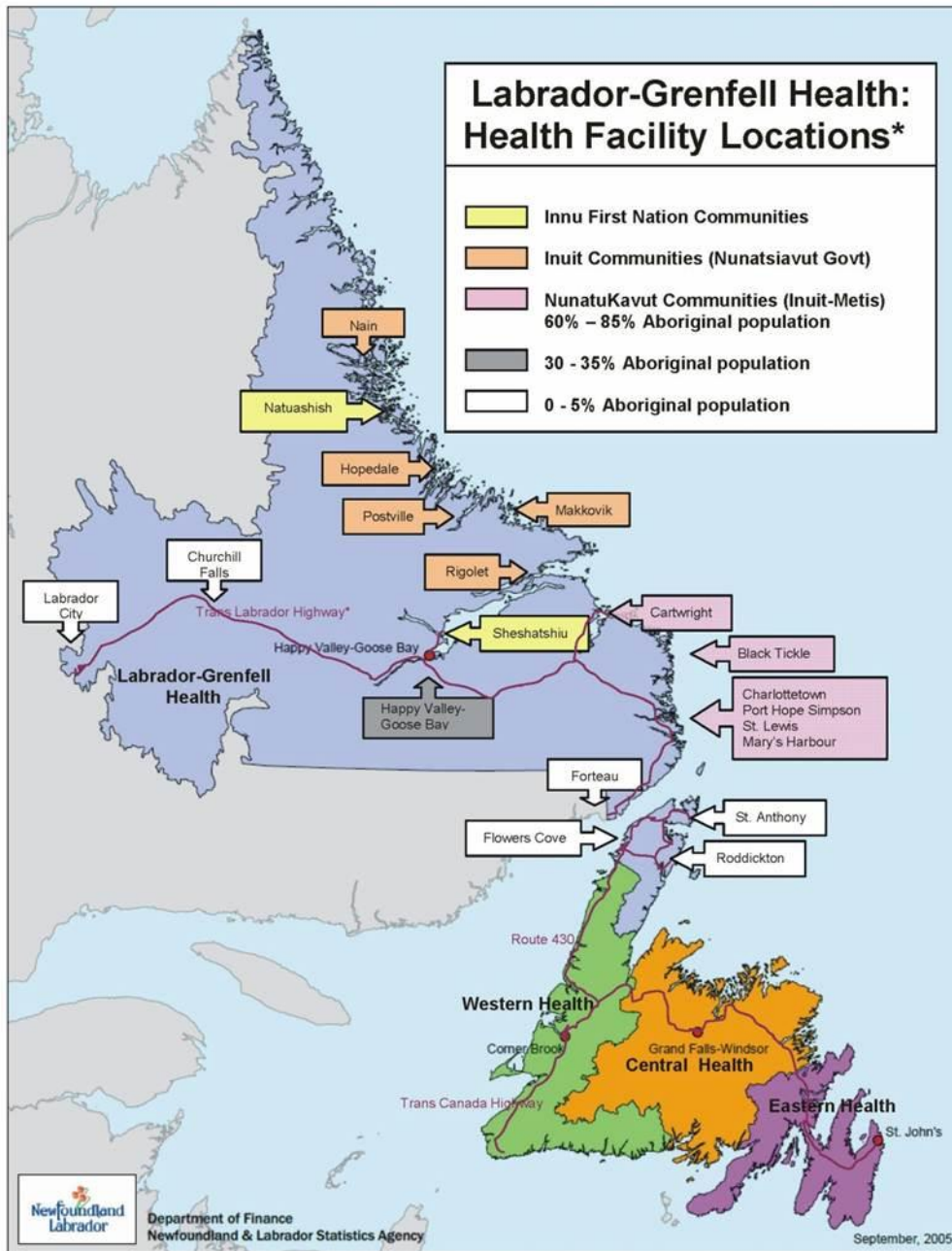
6. Dr. Leonard A. Miller Centre57

QUICK REFERENCE GUIDE

Group/Organization	Community/Location	Service/Facility	Contact Information	
St. John's Native Friendship Centre	St. John's	Aboriginal Patient Navigators	709-777-2199/2110	
First Nations Communities	Natuashish	Mushuau Innu Health Commission	709-478-8871	
		Labrador-Grenfell Health Natuashish Health Centre	709-478-8842	
	Sheshatshiu	Mani Ashini Health Clinic	709-497-8202	
		Mary May Healing Centre	709-896-9750	
Inuit Communities – Nunatsiavut Government, Government Department of Health & Social Development (DHSD)	Hopedale	DHSD Home Care and Public Nursing	709-933-3834	
		Labrador-Grenfell Health Hopedale Clinic	709-933-3857	
	Makkovik	DHSD Home Care and Public Nursing	709-923-2491	
		Labrador-Grenfell Health Makkovik Clinic	709-923-2229	
	Nain	DHSD Home Care and Public Nursing	709-922-2126	
		Labrador-Grenfell Health Nain Clinic	709-922-2912	
	Postville	DHSD Home Care and Public Nursing	709-479-9842	
		Labrador-Grenfell Health Postville Clinic	709-479-9851	
	Rigolet	DHSD Home Care and Public Nursing	709-947-3309	
		Labrador-Grenfell Health Rigolet Clinic	709-947-3386	
	Southern Inuit Communities NunatuKavut	Black Tickle	Black Tickle Community Clinic	709-471-8872
		Cartwright	Cartwright Community Clinic	709-938-7285
Charlottetown		Charlottetown Community Clinic	709-949-0259	
Lodge Bay		Serviced by Mary's Harbour Community Clinic	709-921-6228	
Mary's Harbour		Mary's Harbour Community Clinic	709-921-6228	
Mud Lake		Serviced by Labrador Health Centre	709-897-2000	
Norman Bay		Serviced by Charlottetown Community Clinic	709-949-0259	
North West River		Serviced by Mani Ashini Health Clinic Sheshatshiu	709-497-8202	
Paradise River		Serviced by Cartwright Community Clinic	709-938-7285	
Pinsent's Arm		Serviced by Charlottetown Community Clinic	709-949-0259	
Port Hope Simpson		Port Hope Simpson Community Clinic	709-960-0271	
St. Lewis		St. Lewis Community Clinic	709-939-2230	
William's Harbour		Serviced by Port Hope Simpson Community Clinic	709-960-0271	
Labrador - Grenfell Health	Labrador City	Labrador West Health Centre (Hospital)	709-285-8100	
	St. Anthony	Charles S. Curtis Memorial Hospital	709-454-3333	
	Happy Valley-Goose Bay	Labrador Health Centre (Hospital)	709-897-2000	
	Forteau	Labrador South Health Centre	709-931-2450	
	Roddickton-Bide Arm	White Bay Central Health Centre	709-457-2215	

Eastern Health	St. John's	Health Sciences Centre – General Hospital	Health Sciences Centre – General Hospital (709)777-6300
		Janeway Children's Health and Rehabilitation Centre	General inquiries/Patient info 709-777-6300 Emergency 709-777-4575 Poison Control 709-777-1110 or 1-866-727-1110 Pediatric Telephone Advice Line (709)722-1126 or 1-866-722-1126
		St. Clare's Mercy Hospital	709-777-5000
		Waterford Hospital	General inquiries 709-777-3300 Emergency 709-777-3022 Mental Health Crisis Line/Gambling Help Line and Mobile Crisis Response 709-777-3200 or 1-888-737-4668
		Dr. Leonard A. Miller Centre	709-777-6555
	Cancer Care Program of Eastern Health	Dr. H. Bliss Murphy Cancer Centre – Health Sciences Centre, St. John's	709-777-6480 New Patient Information 709-777-8215
		Cancer Centre – James Paton Memorial Hospital, Gander	709-256-5545
		Cancer Centre - Central Newfoundland Regional Health Centre, Grand Falls - Windsor	709-292-2112
		Cancer Centre - Western Memorial Regional Hospital, Corner Brook	709-637-5476

Labrador-Grenfell Health Facility Locations



*Information added by Physician Recruitment and Retention, Labrador-Grenfell Health. Population determinations based on data from Statistics Canada 2006 Census, rounded to nearest 5%.

ABORIGINAL PATIENT NAVIGATORS

For many people, using the health care system can be complex and intimidating. Being far from home and culture can add additional stress. First Nations, Inuit and Metis people may feel particularly isolated during a hospital stay in St. John's. The Aboriginal Patient Navigators are in place for support, and to make the experience more comfortable.

Introduced in 2009, the Aboriginal Patient Navigator (APN) program has been navigating cultural and geographical barriers, and supporting First Nations, Inuit and Metis people, as they make their way through the acute care system. In an effort to provide culturally-sensitive health care, the APN program offers support to First Nations, Inuit and Metis people who are referred to St. John's for medical treatment— providing a valuable link between their own communities and Eastern Health care providers.

Aboriginal Patient Navigators do a number of things to help their patients feel more at ease in the hospital setting:

- provide referral, advocacy and support to Aboriginal patients to help them access the most appropriate health care and community services.
- arrange services for clients' if they require interpretation in their own language— Innu-Aimun and Inuktitut— to make sure they understand the care they are given.
- escort patients to medical appointments.
- make recommendations for, and assist with, accommodations, discharge planning, and access to medical supplies.



(l-r): Solomon Semigak and Katie Dicker,
Aboriginal Patient Navigators with Eastern Health (June, 2014).

For more information, contact: (709) 777-2199 or (709) 777 – 2110

Non-Insured Health Benefits (NIHB)

Provinces and territories are responsible for delivering health care services, guided by the provisions of the Canada Health Act. Health care services include insured hospital care and primary health care, such as physicians and other health professional services. Like any other resident, First Nations and Inuit peoples access these insured services through provincial and territorial governments.

The **NIHB Program** provides coverage for a number of medically necessary goods and services that are not covered by provincial or territorial health plans (e.g. MCP, OHIP), provincial agencies for income support (e.g. Advanced Education and Skills in NL), and agencies responsible for child protection and welfare, or third-party insurance plans (e.g. Blue Cross). NIHB is the payer of last resort and does not replace coverage services available through Medicare to all Canadians for eligible First Nations and Inuit peoples. ***In NL the First Nations communities Natuashish and Sheshatshiu and the five communities comprising Nunatsiavut fall under this program, Southern Inuit communities are NOT included under this program.***

Below are the contact information/coverages areas by community/group.

Mushuau Innu First Nation(Natuashish)	
NIHB Coverage Area	Contact Information
Medical Transportation	(709) 478-8871/8891
Dental Services	(709) 478-5015
Vision Care	(709) 478-8891
Prescription Drugs	May receive assistance from translator located at the Labrador health Centre (Happy Valley-Goose Bay) as well (709) 896-5606
Medical supplies and equipment (Including oxygen therapy)	
Sheshatshiu Innu First Nation	
NIHB Coverage Area	Contact Information
Medical Transportation	(709) 897-2399
Dental Services	(709) 497-8470
Vision Care	(709) 497-8490 (.5 position)
Prescription Drugs	May receive assistance from translator located at the Labrador health Centre (Happy Valley-Goose Bay) as well (709) 896-5606
Medical supplies and equipment (Including oxygen therapy)	

The Nunatsiavut Department of Health and Social Development (DHSD) administers the NIHB program on behalf of Health Canada to Beneficiaries of the Labrador Inuit Land Claims Agreement. Below is a list of eligible coverage expenses, along with a contact number for DHSB regional staff for arrangements:

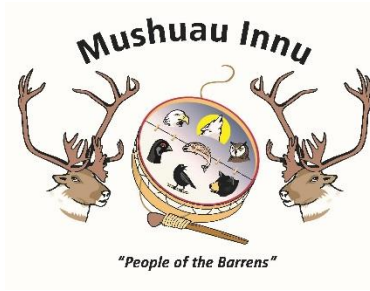
Nunatsiavut	
NIHB Coverage Area	Contact Information
Medical Transportation	(709) 896-9750 ext. 230 or 226 / Fax (709) 896-9761
Dental Services	(709) 896-9750 ext. 253 / Fax: (709) 896-9670
Vision Care	(709) 896-9750 ext. 245 / Fax: (709) 896-9670
Prescription Drugs	
Medical supplies and equipment (Including oxygen therapy)	

FNIM COMMUNITY CLINIC PROFILES

FIRST NATIONS COMMUNITIES


There are two First Nations communities in Labrador. These include the Innu communities of **Natuashish** located in Northern Labrador and **Sheshatshiu** which is located in Central Labrador. The Sheshatsiu Innu live in the community of Sheshatshiu while the Mushuau Innu live in the community of Natuashish. Some Innu also live in other communities within Labrador and on the Island part of the province of Newfoundland and Labrador.

The Innu Nation is the organization that formally represents the Innu of Labrador, approximately 2200 persons, most of whom live in the two Innu communities of Sheshatshiu and Natuashish. In order to protect their interests, their land and their rights from outside forces the Innu people first organized themselves in 1976 under the Naskapi Montagnais Innu Association (NMIA). In 1990, the NMIA changed its name to the Innu Nation. Today the Innu Nation forms the governing body of the Labrador Innu. In addition to the Innu Nation, residents of Sheshatshiu and Natuashish elect their own band council and the chiefs of both councils are members of the Executive Council of the Innu Nation. The Innu Nation's mandate is to speak as one voice to protect the interests of the Innu people and to oversee all its political and business affairs. The Innu Nation is involved in on-going land claim and self-governance negotiations with the Federal and provincial governments. As of 2006, the Innu of Labrador have been formally recognized under *The Indian Act* of Canada.



The Community of **Natuashish** is part of the **Mushuau Innu First Nation**. Labrador-Grenfell Health partners with the Mushuau Innu Health Commission (MIHC) in the provision of health care. The Health Director for MIHC is based in the community clinic.

1. Natuashish



<p>Clinic Contact Information</p>	 <p>Mushuau Innu Health Commission Phone: (709) 478-8871 Fax: (709) 478-8821 Labrador-Grenfell Health (Primary Care) Natuashish Health Centre Phone: 709-478-8842</p>
<p>Community Clinic Services</p>	<p>The Natuashish Community Clinic provides primary health care to the community and is operated by Labrador-Grenfell Health in partnership with the Mushuau Innu Health Commission (MIHC). The MIHC offices are in the same building as the Labrador-Grenfell Health services.</p> <p>The services in the Natuashish Community Clinic include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Physician Clinic (visiting). • Emergency patients are medevac'd to an appropriate facility. • Tele-health. • Mental Health and Addictions. • Community Care. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurses. • Personal Care Attendant. • Mental Health Counsellor. • Regular visits by a Physician; consultation occurs with physicians in Happy Valley-Goose Bay as required. • Regular visits by a Behavior Management Specialist. <p>The services of the Mushuau Innu First Nation Health Commission include:</p> <ul style="list-style-type: none"> • Community Health. • Home Care. • Mental Health and Addictions services. • Diabetes services. • Daycare services. • Healing Lodge. <p>The MIHC office is staffed by:</p>

	<ul style="list-style-type: none"> • MIHC Health Director. • Community Health Nurses. • Community Health Planner. • Community Health Representative. • Home Care Coordinator. • FASD Coordinator and a FASD Assistant. • Mental Health Therapist. • Diabetic Worker. • Home Care Coordinator. • Youth Workers.
Hours of Operation	8:30 a.m. to 5:00 p.m., Monday to Friday (closed Friday afternoons for administration; emergency services available).
Interpreter services	NIHB Interpreter/Referral service
Medical Supplies	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u></p> <ul style="list-style-type: none"> • No medical supply store in the community. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • The Home Care Nurse in the community can assist with the process of arranging supplies if necessary.
Pharmacy	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley – Goose Bay dispenses medications to the regional community clinics for clients.
Transportation	<ul style="list-style-type: none"> • Located approximately 185 air miles from Happy Valley-Goose Bay. • Labrador-Grenfell Health offers a medevac service for emergency transfer of patients. • Labrador-Grenfell Health offers a chartered air service (schedevac) for scheduled medical appointments and discharge home. This service generally operates Monday, Wednesday and Friday. • Air Labrador and Provincial Airlines operate a twin otter service 7 days a week with both airlines flying twice per day (check with the airline). • No road connectivity. • Ferry service available in the summer months only. • Links to other communities and regions by sea between June-November (depending on ice conditions) and on frozen harbours, sea and natural terrain December to May, depending on ice conditions. Roads in the community are not plowed in the winter; transportation is by snowmobile.
Community History	Natuashish was founded in 2002. It is located 15 km from the ancient site of Utshimassit (Davis Inlet), abandoned at the beginning of the 2000s. The new community of Natuashish is reserve land for the Mushuau Innu First Nations. Reserve creation at Natuashish, along with the relocation of the Mushuau Innu, is part of a long-term strategy, to address the social challenges of the community.
Population	931



The Community of **Sheshatshiu** is part of the **Sheshatshiu Innu First Nation**. Labrador-Grenfell Health partners with the Sheshatshiu Innu First Nation (SIFN) in the provision of primary health care. SIFN has 2 streams of health care and separate health director for each: primary health care and social health. The Primary Health Director for SIHC is based in the health clinic and the Social Health Director is based in the Mary May Healing Centre.

2. Sheshatshiu

<p>Clinic Contact Information</p>	 <p>Mani Ashini Health Clinic Phone: (709) 497-8202 Fax: (709) 709-478-8817</p>
	 <p>Mary May Healing Centre Phone: (709)896-9750</p>
<p>Community Clinic Services</p>	<p>The Mani Ashini Health Clinic in Sheshatshiu provides integrated health care to the communities of North West River and Sheshatshiu. Labrador-Grenfell Health provides health and community services in partnership with Sheshatshiu Innu First Nation (SIFN).</p> <p>The services in the Mani Ashini Health Clinic include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Physician Clinic (visiting). • Emergency patients are transported by road ambulance to Happy Valley-Goose Bay. • Community Care. • Tele-health. • Public Health. • Palliative care - end of life program. <p>The health clinic is staffed by Labrador-Grenfell Health:</p> <ul style="list-style-type: none"> • Regional Nurses. • Public Health Nurse. • Community Health Nurse (from the Happy Valley-Goose Bay office). • 3 Personal Care Attendants. • Mental Health Counsellor (visiting).

	<ul style="list-style-type: none"> • Regular visits by Physicians. • Regular visits by a Behavior Management Specialists. <p>Primary health services of the SIFN include:</p> <ul style="list-style-type: none"> • Community Health. • Home Care. • Diabetes services. • Medical transportation (to Labrador Health Centre, Happy Valley-Goose Bay for qualifying members of the band only). • HIV/AIDS strategy. • Non-Insured Health Benefits (NIHB). <p>The primary health services (SIFN) office is staffed by:</p> <ul style="list-style-type: none"> • Primary Health Director. • Community Health Nurses (2). • Home Care Nurse/Coordinator. • Home Care Liaison. • Home Care Community Health Representative. • Community Support Representative. • Community Health Aid. • Diabetic Support Worker. • Diabetic Consultant. • Home Support Workers (3). • Dental Care (SIFN and FNIHB). • Innu Health Navigator –Innu Round Table (IRT). • Foot Care Nurse. <p>The Mary May Healing Centre houses the social health program and contains the Child Protection (CYFS) offices located on West side of building.</p> <p>Social health services of the SIFN include:</p> <ul style="list-style-type: none"> • Mental Health Crisis Management Program. • Family Treatment and Mental Wellness Program. • Family Resource Program. • Counselling. • FASD Program. • Parent Support. • Youth Services (group home and community youth network). <p>The primary health services (SIFN) office is staffed by:</p> <ul style="list-style-type: none"> • Social Health Director. • Community Health Planner. • FASD Liaison. • Mental Health Therapist. • Family Resource Manager. • Parent Support Workers. • Family Treatment (Director, Cultural Coordinator, Clinical Manager, Assistant Manager and Elder). • Counsellors.
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Clinic Hours of Operation	8:30 a.m. to 5:00 p.m., Monday to Friday (closed Friday afternoons for administration; emergency services available).
Interpreter services	Health care interpreter present at health clinic. Helps navigate health care system and assists with questions, appointments and advocating.
Medical Supplies	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u></p> <ul style="list-style-type: none"> • No medical supply store in the community. • Daily dressing clinic run by home care nurse. • Daily IV meds. • The Home Care Nurse in the community can assist with the process of arranging supplies if necessary.
Pharmacy	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley-Goose Bay dispenses medications to the regional community clinics for clients.
Transportation	Sheshatshiu is located 40 kilometers by road from Happy Valley-Goose Bay and is accessible year round.
Community History	Sheshatshiu is located at the head of Lake Melville, or Hamilton Inlet approximately 40 kilometers from the town of Happy Valley-Goose Bay. This community was founded on the summer gathering place for the Innu. The community has a school, church, several businesses, medical clinic and healing centre. The community and surrounding area are reserve land for the Sheshatshiu Innu First Nation. The community of North West River is adjacent to Sheshatshiu and separated by the North West River.
Population	1,314

INUIT COMMUNITIES

The people of the Nunatsiavut region are Labrador Inuit. Our earliest ancestors lived mainly on the north coast of Labrador. In 2005 representatives of the Labrador Inuit Association (LIA), Government of Canada and Government of Newfoundland and Labrador signed the Labrador Inuit Land Claims Agreement. The Nunatsiavut Government provides programs and services to approximately 7, 200 beneficiaries in conjunction with both the provincial and federal governments. The Agreement provides the Labrador Inuit with defined rights in and to territory in northern Labrador. This territory is called **Nunatsiavut**, which translates to "Our Beautiful Land".

The Nunatsiavut government represents five Inuit communities located in Northern Labrador. These communities are Nain, Hopedale, Postville, Rigolet and Makkovik. Labrador-Grenfell Health partners with the Nunatsiavut Government Department of Health and Social Development (DHSD) in the provision of health care. Nunatsiavut is one of the four Inuit regions in Canada, collectively known as the Inuit Nunangat.



Nunatsiavut Government - DHSD	
Program Areas	Team Members
Communicable Disease Control	Community Health Aides
Healthy Children and Youth	Community Health Workers
Healthy Lifestyles	Dentists
Home and Community Care	Early Childhood Educators
Mental Wellness and Healing Services	Home Care Nurses
Non-Insured Health Benefits (NIHB)	Home Support Workers
	Mental Health Workers
	NIHB Analysts
	Public Health Nurses
	Health Promotion and Wellness Coordinator
	FASD Coordinator
	Regional Social Worker Liaison
	Home Support Program Coordinator

1. Hopedale

<p>Clinic Contact Information:</p>		<p>Nunatsiavut Government Department of Health & Social Development (DHSD) Home Care and Public Health Nursing: Phone: 709-933-3834 Fax: 709-933-3803</p>
		<p>Labrador-Grenfell Health Hopedale Clinic Phone : 709-933-3857 Fax : 709-933-3744</p>
<p>Community Clinic Services</p>	<p>The Labrador-Grenfell Health Hopedale Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community. Labrador-Grenfell Health partners with the Nunatsiavut Government DHSD in the provision of health care.</p> <p>The services in the Labrador-Grenfell Health Hopedale Clinic include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic (visiting). • Emergency patients are medevac'd to an appropriate facility. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Nurses. • Personal Care Attendant. • Regular visits by a Physician; consultation with physicians in Happy Valley-Goose Bay as required. • Regular visits by a Behavior Management Specialists. • Allied Health professionals visit as required. <p>Services provided by the Nunatsiavut Government DHSD Community office:</p> <ul style="list-style-type: none"> • Public Health. • Home Care. • Mental Health Services. • Child Care Programs. • Dental Services. <p>The DHSD community office is staffed by:</p> <ul style="list-style-type: none"> • Public Health Nurse. • Home Care Nurse. • Community Health Aide. • Home Support Workers. • Community Health Workers. • Mental Health Workers. • Day Care Staff. • Visiting Dentist. 	



Clinic Hours of Operation	The Labrador-Grenfell Health Hopedale Clinic: 8:30 a.m. – 5:00 p.m. Monday to Friday with emergency services available. (Closed Thursday afternoons for administration). Nunatsiavut DHSD Home Care and Public Health Nursing: 8:30 a.m. – 12:00 p.m. and 1:00 p.m. to 4:30 p.m., Monday to Friday.
Interpreter services	Available through the Nunatsiavut DHSD. This can be arranged through the home care or public health nurse if required.
Medical Supplies	<u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u> <ul style="list-style-type: none"> • Clients may be required to overnight in Happy Valley-Goose Bay due to flight schedules. Ensure client has enough medical supplies and medications for delayed arrival to their home community. • No medical supply store in the community. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Medical supplies and equipment can be ordered through the NIHB program at 709-896-9750 ext. 245.The Home Care Nurse in the community can assist with the process of arranging supplies if necessary.
Pharmacy	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley-Goose Bay dispenses medications to the regional community clinics for clients.
Transportation	<ul style="list-style-type: none"> • Located approximately 148 air miles from Happy Valley-Goose Bay. • Labrador-Grenfell Health offers an air “Medevac” service for emergency transfer of patients. • Labrador-Grenfell Health offers an air “Schedevac” service for scheduled medical appointments and discharge home. This service generally operates Monday, Wednesday and Friday. • Air Labrador and Provincial Airlines operate a twin otter service 7 days a week with both airlines flying twice per day (once a day on the weekend). • No road connection. • Ferry service available in the summer months. • Links to other communities and regions by sea between June-November (depending on ice conditions) and on frozen harbours, sea and natural terrain December to May, depending on ice conditions. • Roads in the community are not plowed in the winter; transportation is by snowmobile.
Community History	Located in the heart of Nunatsiavut, Hopedale is the legislative capital of the Nunatsiavut Government; it plays an important role by being at the Center of decisions that affect the future of Nunatsiavut.
Population	556

2. Makkovik

<p>Clinic Contact Information</p>	<div style="display: flex; justify-content: space-between;">  <div style="text-align: right;"> <p>Labrador-Grenfell Health Makkovik Clinic Phone: 709-923-2229 Fax: 709-923-2428</p> </div> </div> <hr/> <div style="display: flex; justify-content: space-between;">  <div style="text-align: right;"> <p>Nunatsiavut Government DHSD Home Care and Public Health Nursing: Phone: 709-923-2340 Fax: 709-923-2491</p> </div> </div>
<p>Community Clinic Services</p>	<p>The Labrador-Grenfell Health Makkovik Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community. Labrador-Grenfell Health partners with the Nunatsiavut Government DHSD in the provision of health care.</p> <p>The Labrador-Grenfell Health Makkovik Clinic services include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac'd to an appropriate facility. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurses. • Personal Care Attendant. • Regular physician visits; consultation with physicians in Happy Valley-Goose Bay as required. • Child Management Specialist visits the school and community every six to eight weeks. • Allied Health professionals visit as required. <p>Services provided by the Nunatsiavut Government DHSD Community office:</p> <ul style="list-style-type: none"> • Public Health. • Home Care. • Mental Health Services. • Child Day Care. • Dental Services. <p>The DHSD community office is staffed by:</p> <ul style="list-style-type: none"> • Public Health/Home Care Nurse. • Community Health Aide. • Home Support Workers. • Community Health Workers. • Mental Health Workers. • Day Care Staff. • Visiting Dentist.



Clinic Hours of Operation	Labrador-Grenfell Health Makkovik Clinic: 8:30 a.m. to 4:30 p.m. Monday to Friday (closed Thursday afternoons for administration; emergency services available). Nunatsiavut DHSD Home Care and Public Health Nursing: 8:30 a.m. – 12:00 p.m. and 1:00 p.m. to 4:30 p.m., Monday to Friday.
Interpreter services	Available through the Nunatsiavut DHSD. This can be arranged through the home care or public health nurse if required.
Medical Supplies	<u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u> <ul style="list-style-type: none"> • Clients may be required to overnight in Happy Valley-Goose Bay due to flight schedules. Ensure client has enough medical supplies and medications for delayed arrival to their home community. • No medical supply store in the community. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Medical supplies and equipment can be ordered through the NIHB program at 709-896-9750 ext. 245. The Home Care Nurse in the community can assist with the process of arranging supplies if necessary.
Pharmacy	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Center in Happy Valley – Goose Bay dispenses medications to the regional community clinics for clients.
Transportation	<ul style="list-style-type: none"> • Located approximately 250 air miles from Happy Valley-Goose Bay. • Labrador – Grenfell Health offers an air “Medevac” service for emergency transfer of patients. • Labrador-Grenfell Health offers an air “Schedevac” service for scheduled medical appointments and discharge home. This service generally operates Monday, Wednesday and Friday. • Air Labrador and Provincial Airlines operate a twin otter service 7 days a week with both airlines flying twice per day (once per day on the weekend). • No road connection. • Ferry service available in the summer months. • Links to other communities and regions by sea between June-November (depending on ice conditions) and on frozen harbours, sea and natural terrain December to May, again depending on ice conditions. • Roads in the community are not plowed in the winter; transportation is by snowmobile.
Community History	The Makkovik area was the first permanent settlement that the Moravian Missionaries built in Labrador. The modern community of Makkovik was established in the 1850's.
Population	361

3. Nain

<p>Clinic Contact Information</p>		<p>Nunatsiavut Government DHSD Home Care and Public Health Nursing: Phone: 709-922-2126 Fax: 709-922-1279</p>
		<p>Labrador Grenfell Health Nain Clinic: Phone: 709-922-2912 Fax: 709-922-2912</p>
<p>Community Clinic Services</p>	<p>The Labrador-Grenfell Health Nain Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community. Labrador-Grenfell Health partners with the Nunatsiavut Government DHSD in the provision of health care. The services in the Labrador-Grenfell Health Nain Clinic include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac'd to an appropriate facility. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurses. • Personal Care Attendants. • Laboratory Aide. • Regular physician visits; consultation with physicians in Happy Valley-Goose Bay as required. • Child Management Specialist visits the school and community every six to eight weeks. • Allied Health professionals visit as required. <p>Services provided by the Nunatsiavut DHSD Community office:</p> <ul style="list-style-type: none"> • Public Health. • Home Care. • Mental Health Services. • Child Day Care. • Dental Services. <p>The DHSD community office is staffed by:</p> <ul style="list-style-type: none"> • Public Health Nurse. • Home Care Nurse. • Community Health Aides. • Home Support Workers. • Community Health Workers. • Mental Health Workers. • Day Care Staff. • Visiting Dentist. 	



Clinic Hours of Operation	The Labrador-Grenfell Health Nain Clinic: 8:00 a.m. to 4:00 p.m. Monday to Friday (closed Thursday afternoons for administration; emergency services available). Nunatsiavut DHSD Home Care and Public Health Nursing: 8:30 a.m. – 12:00 pm and 1:00 pm to 4:30 p.m., Monday to Friday.
Interpreter services	Available through the Nunatsiavut DHSD. This can be arranged through the home care or public health nurse if required.
Medical Supplies	<u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u> <ul style="list-style-type: none"> • Clients may be required to overnight in Happy Valley-Goose Bay due to flight schedules. Ensure client has enough medical supplies and medications for delayed arrival to their home community. • No medical supply store in the community. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Medical supplies and equipment can be ordered through the NIHB program at 709-896-9750 ext. 245. The Home Care Nurse in the community can assist with the process of arranging supplies if necessary.
Pharmacy	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley-Goose Bay dispenses medications to the regional community clinics for clients.
Transportation	<ul style="list-style-type: none"> • Located 250 air miles from Happy Valley – Goose Bay. • Labrador-Grenfell Health offers an air “Medevac” service for emergency transfer of patients. • Labrador-Grenfell Health offers an air “Schedevac” service for scheduled medical appointments and discharge home. This service generally operates Monday, Wednesday and Friday. • Air Labrador and Provincial Airlines operate a twin otter service 7 days a week with both airlines flying twice per day. • No road connection. • Ferry service available in the summer months. • Links to other communities and regions by sea between June-November (depending on ice conditions) and on frozen harbours, sea and natural terrain December to May, depending on ice conditions. • Roads in the community are not plowed in the winter; transportation is by snowmobile.
Community History	Nain is the most northern and largest community in Nunatsiavut. Nain is the administrative capital for the Nunatsiavut Government.
Population	1,188

4. Postville

<p>Clinic Contact Information</p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  </div> <div style="width: 50%;"> <p>Nunatsiavut Government DHSD Home Care and Public Health Nursing: Phone: 709-479-9842 Fax: 709-479-9898</p> </div> </div> <hr/> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  </div> <div style="width: 50%;"> <p>Labrador Grenfell Health Postville Clinic: Phone: 709-479-9851 Fax: 709-479-9715</p> </div> </div>
<p>Community Clinic Services</p>	<p>The Labrador-Grenfell Health Postville Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community. Labrador-Grenfell Health partners with the Nunatsiavut Government DHSD in the provision of health care.</p> <p>The services in the Labrador-Grenfell Health Postville Clinic include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic (visiting). • Emergency patients are medevac'd to an appropriate facility. • Mental Health and Addictions (visiting). <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurse. • Personal Care Attendant. • Regular physician visits; consultation with physicians in Happy Valley-Goose Bay as required. • Child Behavioral Management Specialist visits as required. • Mental Health Social Worker visits as required. • Allied Health professionals visit as required. <p>Services provided by the Nunatsiavut Government DHSD Community office:</p> <ul style="list-style-type: none"> • Public Health. • Home Care. • Mental Health Services. • Child Day Care. • Dental Services. <p>This clinic is staffed by:</p> <ul style="list-style-type: none"> • Public Health/Home Care Nurse. • Home Support Workers. • Community Health Workers. • Mental Health Worker. • Day Care Staff. • Visiting Dentist.

Clinic Hours of Operation	<p>Labrador-Grenfell Health Postville Clinic: 8:30 a.m. to 4:30 p.m. Monday to Friday (closed Thursday afternoons for administration); emergency services available 24 hours a day, 7 days a week.</p> <p>Nunatsiavut DHSD Home Care and Public Health Nursing: 8:30 a.m. – 12:00 p.m. and 1:00 p.m. to 4:30 p.m., Monday to Friday.</p>
Interpreter services	Available through the Nunatsiavut DHSD. This can be arranged through the public health/ home care nurse if required.
Medical Supplies	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u></p> <ul style="list-style-type: none"> • Clients may be required to overnight in Happy Valley-Goose Bay due to flight schedules. Ensure client has enough medical supplies and medications for delayed arrival to their home community. • No medical supply store in the community. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. <p>Medical supplies and equipment can be ordered through the NIHB program at 709-896-9750 ext. 245. The Home Care Nurse in the community can assist with the process of arranging supplies if necessary.</p>
Pharmacy	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley – Goose Bay dispenses prescription medications to the regional community clinics for clients. Medications arrive on the scheduled Labrador-Grenfell Health airplane 3 times per week, weather and schedule depending. Clients should have up to date prescriptions, with refills, when they return to their community to ensure an adequate supply of medication.
Transportation	<ul style="list-style-type: none"> • Located 110 air miles from Happy Valley-Goose Bay. • Labrador – Grenfell Health offers an air “Medevac” service for emergency transfer of patients. • Labrador-Grenfell Health offers an air “Schedevac” service for scheduled medical appointments and discharge home, as well as the delivery of supplies and medications. This service is variable but generally operates Monday, Wednesday and Friday. • Air Labrador and Provincial Airlines operate a twin otter service with both airlines flying twice per day during the week, and once per day on the weekend. • No road connection. • Ferry service available in the summer months. • Links to other communities and regions by sea between June-November (depending on ice conditions) and on frozen harbours, sea and natural terrain December to May, again depending on ice conditions. • Roads in the community are not plowed in the winter; transportation is by snowmobile.
Community History	Postville was first known as "The Post" (renamed to Postville in 1940's) because the Hudson Bay Company trading post was located in the area. Inuit families traded in the area in the spring, fall and winter while moving to the coast to fish in summer.
Population	206

5. Rigolet

<p>Clinic Contact Information</p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  </div> <div style="width: 50%;"> <p>Nunatsiavut Government DHSD Home Care and Public Health Nursing: Phone: 709-947-3309 Fax: 709-947-3585</p> </div> </div> <hr/> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  </div> <div style="width: 50%;"> <p>Labrador- Grenfell Health Rigolet Clinic: Phone: 709-947-3386 Fax: 709-947-3401</p> </div> </div>
<p>Community Clinic Services</p>	<p>The Labrador-Grenfell Health Rigolet Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community. Labrador-Grenfell Health partners with the Nunatsiavut Government DHSD in the provision of health care.</p> <p>The services in the Labrador-Grenfell Health Rigolet Clinic include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac'd to an appropriate facility. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurse. • Personal Care Attendant. • Regular physician visits; consultation with physicians in Happy Valley-Goose Bay as required. • Child Management Specialist visits the school and community every six to eight weeks. • Allied Health professionals visit as required. <p>Services provided by the Nunatsiavut Government DHSD Community office:</p> <ul style="list-style-type: none"> • Public Health. • Home Care. • Mental Health Services. • Child Day Care. • Dental Services. <p>This clinic is staffed by:</p> <ul style="list-style-type: none"> • Public Health/Home Care Nurse. • Community Health Aide. • Home Support Workers. • Community Health Workers. • Mental Health Workers. • Day Care Staff. • Visiting Dentist.


Clinic Hours of Operation	Labrador-Grenfell Health Rigolet Clinic 8:30 a.m. to 4:30 p.m. Monday to Friday (closed Thursday afternoons for administration; emergency services available). Nunatsiavut DHSD Home Care and Public Health Nursing: 8:30 a.m. – 12:00 p.m. and 1:00 p.m. to 4:30 p.m., Monday to Friday.
Interpreter Services	Available through the Nunatsiavut DHSD. This can be arranged through the home care or public health nurse if required.
Medical Supplies	<u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies.</u> <ul style="list-style-type: none"> • Clients may be required to overnight in Happy Valley-Goose Bay due to flight schedules. Ensure client has enough medical supplies and medications for delayed arrival to their home community. • No medical supply store in the community. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Medical supplies and equipment can be ordered through the NIHB program at 709-896-9750 ext. 245. The Home Care Nurse in the community can assist with the process of arranging supplies if necessary.
Pharmacy	There is no retail pharmacy. Medications are ordered and dispensed through the Labrador-Grenfell Health regional community clinic. The pharmacy at the Labrador Health Centre in Happy Valley-Goose Bay dispenses medications to the regional community clinics for clients.
Transportation	<ul style="list-style-type: none"> • Located 160 air miles from Happy Valley-Goose Bay. • Labrador-Grenfell Health offers an air “Medevac” service for emergency transfer of patients. • Labrador-Grenfell Health offers an air “Schedevac” service for scheduled medical appointments and discharge home. This service generally operates Monday, Wednesday and Friday. • Air Labrador operates a twin otter service 7 days a week with flights twice per weekday (once per day on the weekend). • No road connection. • Ferry service available in the summer months. • Links to other communities and regions by sea between June-November (depending on ice conditions) and on frozen Harbours, sea and natural terrain December to May, depending on ice conditions. • Roads in the community are not plowed in the winter; transportation is by snowmobile.
Community History	Rigolet is the most southerly Inuit community in the world. Rigolet began as a European explorer trading post in the 18th century.
Population	306

SOUTHERN INUIT COMMUNITIES




NunatuKavut means "Our Ancient Land". It is the territory of the Southern Inuit people of Labrador. The descendants of these two cultures (Inuit and European) can be seen within the communities that line the southern coastal and interior waterways of Labrador. The well-established community of Happy Valley-Goose Bay supports a large Southern Inuit population, along with the smaller communities of Mud Lake, North West River, Cartwright, Paradise River, Black Tickle, Norman Bay, Charlottetown, Pinsent's Arm, William's Harbour, Port Hope Simpson, St. Lewis, Mary's Harbour and Lodge Bay. The Southern Inuit have lived, and continue to live, in other parts of Labrador as well. NunatuKavut represents more than 6,000 Southern Inuit of Labrador.

1. Black Tickle

Clinic Contact Information	 <p>Phone: 709-471-8872 Fax: 709-471-8893</p>
Community Clinic Services	<p>The Black Tickle Community Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community.</p> <p>Clinic services include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac'd to an appropriate facility. • Mental Health and Addictions. • Diabetic Education. • Public Health. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurse. • Personal Care Attendant. • Maintenance Worker. • Emergency Medical Responder. • Social Worker (based out of Port Hope Simpson). • Physician visits every six weeks. • Dentist visits periodically. • Public Health Nurse visits every six-eight weeks from Cartwright. • Child Behavioral Management Specialists as required. • Allied Health Professionals as required.
Clinic Hours of Operation	<p>8:30 a.m. to 4:30 p.m. Monday to Friday (closed Thursday afternoons for administration; emergency services available).</p>
Medical Supplies	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies in the community.</u></p> <ul style="list-style-type: none"> • No medical supply store in the community; supplies are dispensed from the Clinic and have to be ordered from Happy Valley- Goose Bay. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Contact the Regional Nurse (709-471-8872) to order supplies.
Pharmacy	<p>There is no retail pharmacy. Medications are ordered and dispensed through the Black Tickle Community Clinic. The pharmacy at the Labrador Health Centre in Happy Valley – Goose Bay dispenses the medications to the clinic for clients.</p>
Transportation	<ul style="list-style-type: none"> • Labrador Airways: Airstrip with flights along the coast 3 days a week (Mon, Wed & Fri). • CAI Nunatsiavut Marine: Weekly ferry service between Cartwright, Goose Bay, Rigolet, and the north coast. Operates June to November pending ice conditions.


	<ul style="list-style-type: none"> • Biweekly freight service on cargo boat operating between Lewisporte, Black Tickle, Goose Bay and the north coast. • No Road Connection.
Community History	The fishing community of Black Tickle is located on the Island of Ponds. Black Tickle was founded in the mid-nineteenth century by a group of British seamen who had jumped ship.
Population	168

2. Cartwright

<p>Clinic Contact Information</p>	 <p>Phone: 709-938-7285 Fax: 709-938-7286</p>
<p>Community Clinic Services</p>	<p>The Cartwright Community Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community.</p> <p>Clinic services include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac'd to an appropriate facility. • Mental Health and Addictions. • Diabetic Education. • Public Health. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurse. • Personal Care Attendant. • Emergency Medical Responders. • Social Worker (based out of Port Hope Simpson). • Maintenance Worker. • Physician visits every six weeks. • Dentist visits periodically. • Public Health Nurse visits every six-eight weeks from Cartwright. • Child Behavioral Management Specialists as required. • Allied Health Professionals as required.
<p>Clinic Hours of Operation</p>	<p>8:30 a.m. to 4:30 p.m. Monday to Friday (closed Thursday afternoons for administration; emergency services available).</p>
<p>Medical Supplies</p>	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies in the community.</u></p> <ul style="list-style-type: none"> • No medical supply store in the community; supplies are dispensed from the Clinic and have to be ordered from Happy Valley- Goose Bay. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Contact the Regional Nurse (709)938-7285 to order supplies.
<p>Pharmacy</p>	<p>There is no retail pharmacy. Medications are ordered and dispensed through the Cartwright Community Clinic. The pharmacy at the Labrador Health Centre in Happy Valley-Goose Bay dispenses the medications to the clinic for clients.</p>

Transportation	<ul style="list-style-type: none"> • Labrador Airways: Airstrip with flights along the coast 3 days a week (Mon, Wed & Fri). • CAI Nunatsiavut Marine: Weekly ferry service between Cartwright, Goose Bay, Rigolet, and the north coast. Operates June to November pending ice conditions. • Trans Labrador Highway: route 510. • Ambulance service based in community.
Community History	<p>Established in 1775 by Captain George Cartwright, this community began as a fish and fur trading post. The Labrador Fisherman's Union Shrimp Company operates a crab plant which employs 100 - 150 people.</p>
Population	516

3. Charlottetown


<p>Clinic Contact Information</p>	 <p>Phone: 709-949-0259 Fax: 709-949-0317</p>
<p>Community Clinic Services</p>	<p>The Charlottetown Community Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the communities of Charlottetown, Norman Bay and Pinsent's Arm.</p> <p>Clinic services include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac'd to an appropriate facility. • Mental Health and Addictions. • Diabetic Education. • Public Health. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurse. • Personal Care Attendant. • Emergency Medical Responders. • Social Worker (based out of Port Hope Simpson). • Maintenance Worker. • Physician visits every six weeks. • Dentist visits periodically. • Public Health Nurse visits every six-eight weeks from Port Hope Simpson. • Child Behavioral Management Specialists as required. • Allied Health Professionals as required.
<p>Clinic Hours of Operation</p>	<p>8:30am to 5:00 p.m., Monday to Friday (closed Wednesday afternoons for administration; emergency services available).</p>
<p>Medical Supplies</p>	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies in the community.</u></p> <ul style="list-style-type: none"> • No medical supply store in the community; supplies are dispensed from the Clinic and have to be ordered from St. Anthony. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Contact the Regional Nurse (709)949-0259 to order supplies.
<p>Pharmacy</p>	<p>There is no retail pharmacy. Medications are ordered and dispensed through the Charlottetown Community Clinic. The pharmacy at the Charles S. Curtis Memorial Hospital in St. Anthony dispenses the medications to the clinic for clients.</p>

	Private pharmacy services are available from the Big land Pharmacy in Forteau. Medications are delivered to the Community Clinic.
Transportation	<ul style="list-style-type: none"> • Labrador Airways: Airstrip with flights along the coast 3 days a week (Mon, Wed & Fri). • Ferry service between Port Hope Simpson-William`s Harbour-Norman`s Bay-Charlottetown. Operates June to November pending ice conditions. • Connected to the Trans Labrador Highway, open year-round. • Connected to nearby communities by ski-doo trail between January and April.
Community History	Charlottetown first existed as "Old Cove", a winter place for the summer fishing stations of the people of Carbonear and Harbour Grace in Conception Bay.
Population	308

4. Lodge Bay

Community Clinic Services	Lodge Bay does not have its own clinic. This community is serviced by Mary's Harbour Clinic , 9 km away.
Transportation	<ul style="list-style-type: none"> • Trans Labrador Highway (Route 510). • Nearest airport Mary's Harbour.
Community History	Lodge Bay was settled in the 17th century. It later became the winter home of fisherman from Conception Bay who had summer fishing stations off on nearby offshore islands.
Population	78

5. Mary's Harbour

Clinic Contact Information	 <p>Phone: 709-921-6228 Fax: 709-921-6975</p>
Community Clinic Services	<p>The Mary's Harbour Community Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community as well as to residents of nearby Lodge Bay (9 km away).</p> <p>Clinic services include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac'd to an appropriate facility. • Mental Health and Addictions. • Diabetic Education. • Public Health. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurse. • Personal Care Attendant. • Emergency Medical Responders. • Social Worker (based out of Port Hope Simpson). • Maintenance Worker. • Physician visits every six weeks. • Dentist visits periodically. • Public Health Nurse visits every six-eight weeks from Port Hope Simpson. • Child Behavioral Management Specialists as required. • Allied Health Professionals as required.
Clinic Hours of Operation	<p>8:30 a.m. to 5:00 p.m., Monday to Friday (closed Wednesday afternoons for administration; emergency services available).</p>
Medical Supplies	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies in the community.</u></p> <ul style="list-style-type: none"> • No medical supply store in the community; supplies are dispensed from the Clinic and have to be ordered from St. Anthony. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Contact the Regional Nurse (709) 921-6228 to order supplies.

Pharmacy	<p>There is no retail pharmacy. Medications are ordered and dispensed through the Mary's Harbour Community Clinic. The pharmacy at the Charles S. Curtis Memorial Hospital in St. Anthony dispenses the medications to the clinic for clients.</p> <p>Private pharmacy services are available from the Big Land Pharmacy in Forteau. Medications are delivered to the Community Clinic.</p>
Transportation	<ul style="list-style-type: none"> • Labrador Airways: Airstrip with flights along the coast 3 days a week (Mon, Wed & Fri). • Trans Labrador Highway: route 510.
Community History	<p>Mary's Harbour became a permanent settlement after a fire at Battle Harbour in 1930 when the International Grenfell Association relocated its hospital and boarding. The Labrador Fisherman's Union Shrimp Company employs over 120 people at the local crab processing facility.</p>
Population	383

6. Mud Lake

Community Clinic Services	Mud Lake does not have a clinic of its own. Services are provided by the Labrador Health Centre in Happy Valley-Goose Bay.
Transportation	Mud Lake is east of Happy Valley-Goose Bay, across the mouth of the Churchill River. In summer it is accessible by boat and in winter across the frozen Churchill River by snowmobile. During “spring break-up” and “fall freeze-up”, the community is inaccessible.
Community History	Mud Lake was settled in the 1850’s as trapping and fishing community, based on a non-wage economy. Mud Lake is a very small and quaint village in central Labrador only accessible by small boat in the summer or snowmobile in the winter.
Population	54

7. Norman Bay

Community Clinic Services	Norman Bay does not have a clinic of its own. Services are provided in Charlottetown , 30 km away. A community building is used for periodic visits by the Community Clinic Nurse from Charlottetown.
Transportation	<ul style="list-style-type: none"> • Ferry Service between Norman Bay-Charlottetown runs several times a week. Operates June to November pending ice conditions. • Connected to nearby communities by snowmobile trail between January and April. • During “spring break up” and “fall freeze up”, the provincial government provides a helicopter service approximately twice per week so residents can get in and out of the community for medical reasons, to pick up groceries etc.
Community History	Norman Bay was a winter settlement for the fishing stations of Snug Harbour and Venisons Tickle. At the time when southeast Labrador fishing stations were being encouraged to resettle in the 1960's, the Ward family at Snug Harbour resisted pressures to move to Charlottetown or another larger community and instead made Norman Bay their home.
Population	52

8. North West River

Community Clinic Services	North West River does not have its own community clinic. Services are provided by the Mani Ashini Clinic in Sheshatshiu, 1 km away.
Transportation	<ul style="list-style-type: none"> • 33km from Happy Valley – Goose Bay by road. • 1 km from Sheshatshiu by road.
Community History	Northwest River lies on the shores of Lake Melville, at the mouth of Grand Lake in central Labrador. Northwest River is linked to Happy Valley-Goose Bay by a 33 km highway. It is 1km from the Innu community of Sheshatshiu . North West River began 250 years ago as a fur trading post. A diverse community comprised of Innu, Inuit, Metis, and settler populations. Private Foot Care Service is available in the community.
Population	553


9. Paradise River

Community Clinic Services	Paradise River does not have a clinic of its own. Services are provided by the Cartwright Community Clinic , 46 km away.
Transportation	<ul style="list-style-type: none"> • Cartwright is 46 Km by vehicle. • Trans Labrador Highway (Route 510).
Community History	Paradise River is a community on the river of the same name. The Paradise River provided an important route between the coast and the Labrador interior for aboriginal peoples prior to European settlement. The community of Paradise River was established in 1775 for fishing, hunting and trapping.
Population	18

10. Pinsent's Arm


Community Clinic Services	Pinsent's Arm does not have a clinic of its own. Services are provided by the Charlottetown Community Clinic , 24 km away.
Transportation	<ul style="list-style-type: none"> • Charlottetown is 24 km by vehicle. • Labrador Airways: Airstrip with flights along the coast 3 days a week (Mon, Wed & Fri). • Ferry Service between Port Hope Simpson-William's Harbour-Norman's Bay-Charlottetown. Operates June to November pending ice conditions. • Connected to Trans Labrador Highway, open year-round. • Connected to nearby communities by ski-doo trail between January and April.
Community History	This community has been settled year-round since the late 1950s, It is believed that the community and Pinsent's Island to the east were named for an early trader on the Labrador coast, Andrew Pinson, or for R. J. Pinsent, the appointed Judge of the Labrador coast in 1963.
Population	55

11. Port Hope Simpson

<p>Clinic Contact Information</p>	 <p>Phone: 709-960-0271 Fax: 709-960-0461</p>
<p>Community Clinic Services</p>	<p>The Port Hope Simpson Community Clinic operates under the Labrador-Grenfell Health Authority and provides primary health care to the community as well as to residents of William’s Harbour.</p> <p>Clinic services include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac’d to an appropriate facility. • Mental Health and Addictions. • Diabetic Education. • Public Health. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurse. • Personal Care Attendant. • Emergency Medical Responders. • Social Worker (based out of Port Hope Simpson). • Maintenance Worker. • Physician visits every six weeks. • Dentist visits periodically. • Public Health Nurse visits every six-eight weeks from Cartwright. • Child Behavioral Management Specialists as required. • Allied Health Professionals as required.
<p>Clinic Hours of Operation</p>	<p>8:30 a.m. to 5:00 p.m., Monday to Friday (closed Wednesday afternoons for administration; emergency services available).</p>
<p>Medical Supplies</p>	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies in the community.</u></p> <ul style="list-style-type: none"> • No medical supply store in the community; supplies are dispensed from the Clinic and have to be ordered from St. Anthony. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Contact the Regional Nurse (709) 960-0271 to order supplies.
<p>Pharmacy</p>	<p>There is no retail pharmacy. Medications are ordered and dispensed through the Port Hope Simpson Community Clinic. The pharmacy at the Charles S. Curtis Memorial Hospital in St. Anthony dispenses the medications to the clinic for clients.</p> <p>Private pharmacy services are available from the Big Land Pharmacy in Forteau. Medications are delivered to the Community Clinic.</p>

Transportation	<ul style="list-style-type: none"> • Labrador Airways: Airstrip with flights along the coast 3 days a week (Mon, Wed & Fri). • Ferry Service between Port Hope Simpson-Williams Harbour-Normans Bay-Charlottetown. Operates June to November pending ice conditions. • Connected to Trans Labrador Highway, open year-round. • Connected to nearby communities by ski-doo trail between January and April. • Ambulance Service based in community (provides services to four clinics in Southern Labrador).
Community History	<p>Port Hope Simpson is located on the south side of the Alexis River. It was founded in 1934 and named for Sir John Hope Simpson, an English Commissioner.</p>
Population	<p>441</p>

12. St. Lewis

<p>Clinic Contact Information</p>	 <p>Phone: 709-939-2230 Fax: 709-939-2342</p>
<p>Clinic Services</p>	<p>Clinic services include:</p> <ul style="list-style-type: none"> • Basic trauma and resuscitation equipment. • Outpatient Clinic. • Tele-health. • Physician Clinic. • Emergency patients are medevac'd to an appropriate facility. • Mental Health and Addictions. • Diabetic Education. • Public Health. <p>The clinic is staffed by:</p> <ul style="list-style-type: none"> • Regional Nurse. • Personal Care Attendant. • Emergency Medical Responders. • Social Worker (based out of Port Hope Simpson). • Maintenance Worker. • Physician visits every six weeks. • Dentist visits periodically. • Public Health Nurse visits every six-eight weeks from Port Hope Simpson. • Child Behavioral Management Specialists as required. • Allied Health professionals as required.
<p>Clinic Hours of Operation</p>	<p>8:30 a.m. to 5:00 p.m., Monday to Friday (closed Wednesday afternoons for administration; emergency services available).</p>
<p>Medical Supplies</p>	<p><u>Supplies must accompany client upon discharge due to possibility of an unexpected delay in arrival of equipment or supplies in the community.</u></p> <ul style="list-style-type: none"> • No medical supply store in the community; supplies are dispensed from the Clinic and have to be ordered from St. Anthony. • Clients requiring supplies for specialized dressings, ostomy care, tube feeding or any other more complex issue must have supplies ordered and arranged prior to discharge from hospital due to potential unavailability in the community. • Contact the <u>Regional Nurse (709)939-2230</u> to order supplies.
<p>Pharmacy</p>	<p>There is no retail pharmacy. Medications are ordered and dispensed through the St. Lewis Community Clinic. The pharmacy at the Charles S. Curtis Memorial Hospital in St. Anthony dispenses the medications to the clinic for clients.</p> <p>Private pharmacy services are available from the Big Land Pharmacy in Forteau. Medications are delivered to the Community Clinic.</p>

Transportation	<ul style="list-style-type: none"> • Labrador Airways: Airstrip with flights along the coast 3 days a week (Mon, Wed & Fri). • Trans Labrador Highway (Route 513).
Community History	St. Lewis is the most easterly permanent settlement in mainland North America. It has been inhabited since the 1500's in relation to the seal and cod fisheries.
Population	207


13. William's Harbour

Community Clinic Services	William's Harbour does not have its own community clinic. Services are provided by the clinic in Port Hope Simpson , 37 km away by ferry. A Community Clinic Nurse visits periodically.
Transportation	<ul style="list-style-type: none"> • Ferry Service between Williams Harbour-Port Hope Simpson-Charlottetown runs several times a week. Operates June to November pending ice conditions. • There is an airport, one flight arrives each week. • Connected to nearby communities by ski-doo trail between January and April.
Community History	Until the late 1970's, William's Harbour was used only as a summer fishing station of nearby Rixon's Cove or Port Hope Simpson. The Harbour was believed to have been settled by the 1840's by the family of an Inuk named Samuel Kibenook (now spelled Kippenhuck), and was later joined by his son-in-law William Russell.
Population	59

LABRADOR-GRENFELL HEALTH




1. Labrador West Health Centre

<p>Contact Information</p>	 <p>Labrador City, Labrador Phone: 709-285-8100</p>
<p>Services</p>	<p>The hospital provides primary, secondary and community services to Labrador City and surrounding communities of western Labrador, including the neighboring community of Wabush.</p> <p>Hospital Services:</p> <ul style="list-style-type: none"> • 28 inpatient beds = 12 beds for LTC + 14 beds (for medical/surgery, pediatric and psychiatric patients) 1 for palliative care, and 1 for respite. • Emergency services. • Outpatient clinics. • Tele-health services. • Satellite Dialysis. • Laboratory and Diagnostic Imaging (x-ray, CT, ultrasound, mammography, bone density). • Physiotherapy, Occupational Therapy, Speech Language Pathology. • Respiratory Therapy. • Pharmacy. • EKG. • Clinical Nutritionist, Diabetes Education. • Oncology/Chemotherapy. • Mental Health and Addictions Services. • Maternity Care.
<p>Community Health Services</p>	<ul style="list-style-type: none"> • Home Care. • Health Promotion. • Health Education. • Child Health Clinics. • Child Birth Education. • Post-Natal Follow-up. • Adult Immunization. • Communicable Disease Control. • Audio-Visual Testing Services. • Pre-School Health Checks. • School Health Program.


	<ul style="list-style-type: none"> • Wellness Clinics. • Mental Health and Addictions Services.
Hours of Operation	Emergency services are available 24 hours a day, seven days a week. All other services are generally 8:00 a.m. – 5:00 p.m., Monday to Friday.
Language Translation services	Part-time French interpreter.
System Navigation	Part-time patient navigator.
Medical Supplies	Ordered through the hospitals Material Management Program.
Pharmacy	In hospital 2 pharmacists and 1 pharmacy tech. Additionally, medications are available from private retailers in the community.
Transportation	Labrador City is accessible by commercial air carrier or via road transport on the Trans Labrador Highway.
Community History	In the 1960s, Labrador City was founded to accommodate employees of the Iron Ore Company of Canada, and iron ore mining continues to be the primary industry in the town. Neighboring Labrador City is a smaller town Wabush. Together, the "twin towns" are known as Labrador West.
Population	Labrador City 7,367 Wabush 1,861

2. Charles S. Curtis Memorial Hospital

Contact Information	 <p>St. Anthony, Newfoundland Phone: 709-454-3333</p>
Services	<p>The hospital provides primary, secondary and community services to the people of the Northern Peninsula of Newfoundland, Southern Labrador and consultant medical services to residents of the Quebec Lower North Shore.</p> <p>Hospital services include:</p> <ul style="list-style-type: none"> • 50 inpatient beds. • Emergency Services. • Intensive Care/Critical Care. • Outpatient clinics. • Family Practice. • Pediatric Care. • Ophthalmology. • General Surgery, Orthopedic Surgery. • Tele-health services. • Satellite Dialysis. • Laboratory and Diagnostic Imaging (x-ray, CT, ultrasound, mammography, bone density). • Physiotherapy, Occupational Therapy, Speech Language Pathology. • Respiratory Therapy. • Pharmacy. • EEG, EKG. • Clinical Nutritionist, Diabetes Education. • Oncology/Chemotherapy. • Mental Health and Addictions Services. • Maternity Care.
Community Health Services	<ul style="list-style-type: none"> • Community Health and Home Care Nursing. • Health Promotion and Education. • Community Nutrition. • Youth Services Programming. • Dental Clinics.
Hours of Operation	<p>Emergency services are available 24 hours a day, seven days a week. All other services are generally 8:00 a.m. – 5:00 p.m. Monday to Friday.</p>
Language Translation Services	<p>None.</p>
System Navigation	<p>Cancer Care Patient Navigator.</p>
Medical Supplies	<p>Medical supplies are available from private retailers in the community.</p>
Pharmacy	<p>Medications are available from private retailers in the community.</p>
Transportation	<p>St. Anthony is accessible by commercial air carrier or via road transport on the Trans-Canada Highway.</p>


Community History	The history of European settlement of St. Anthony reaches back to the early 16th century, when French and Basque fishermen used the well-sheltered harbour as a seasonal fishing station. The town grew more rapidly after the arrival of Dr. Wilfred Grenfell in 1900.
Population	2,418

3. Labrador Health Centre


Contact Information		Happy Valley-Goose Bay, Labrador Phone: 709-897-2000
Services	<p>This hospital provides primary, secondary and community care for the people of Happy Valley-Goose Bay, the surrounding area as well as the coast of Labrador. This facility is also a training facility for Memorial Universities Family Practice Residents. Each family Physician is responsible for a community on the north coast of Labrador.</p> <p>Services:</p> <ul style="list-style-type: none"> • 25 bed facility. • 24-hour Emergency Department. • Outpatient Clinics staffed by Family Physicians. • Surgical services. • Satellite Dialysis. • Laboratory and Diagnostic Imaging - including general radiology, ultrasound, CT and mammography services. • Physiotherapy, Occupational Therapy, Speech Language. Pathology. • Oncology/Chemotherapy Services. • Respiratory Therapy. • Dietitian. • Community Health and Home Care Nursing. • Mental Health and Addictions Services. 	
Community Health Services	<ul style="list-style-type: none"> • Primary Health Care. • Health Promotion and Education. • Youth Services Programming. • Cervical Screening Initiatives. 	
Hours of Operation	Emergency services are available 24 hours a day, seven days a week. All other services are generally 8:00 a.m. – 5:00 p.m., Monday to Friday.	
Language Translation services	<ul style="list-style-type: none"> • The Labrador Inuit Health Commission Office is located in the Transportation Department beside Switchboard. Hours of operation are Monday to Friday, 8:00 a.m. - 8:00 p.m. After hours service can be provided on an on-call basis. • The Innu Nation/Interpreter is located in the Transportation Department beside Switchboard. Our hours of operation are Monday to Friday, 9:00 a.m. - 5:00 p.m. After hours service can be provided on an on-call basis. 	
System Navigation	Cancer Care Patient Navigator.	
Medical Supplies	Medical supplies are available from private retailers in the community.	
Pharmacy	Medications are available from private retailers in the community.	
Transportation	Happy Valley-Goose Bay is accessible via commercial air carrier, or by road transport on the Trans-Labrador Highway.	

	Labrador-Grenfell Health offers an air “ Schedevac ” service to the Labrador coast for scheduled medical appointments and discharge home. This service generally operates Monday, Wednesday and Friday.
Community History	Happy Valley – Goose bay began as a military air base during the second world war. It lies at the base of Lake Melville, at the mouth of the Churchill River.
Population	7,552


4. Labrador South Health Centres

Health Centre Contact Information		<p>Forteau, Labrador Phone: 709-931-2450 Fax: 709-931-2000</p>
Services	<p>This hospital provides primary, secondary and community care for the people of Forteau, Labrador, and the surrounding area. Services 8 communities.</p> <p>Services:</p> <ul style="list-style-type: none"> • 5 bed facility. • 1 pediatric crib. • 14 bed long-term care facility. • 1 bed respite/palliative care. • Emergency Services. • Ambulatory Care/Family Medicine. • Dental Services. • Diagnostic Services (limited laboratory and x-ray). 	
Community Health Services	<ul style="list-style-type: none"> • Community Mental Health Nursing Services. • Primary Health Care. • Health Promotion and Education. 	
Hours of Operation	<p>Emergency services are available 24 hours a day. Other services are generally available 8:00 a.m. – 4:00 p.m. Monday to Friday.</p>	
Medical Supplies	<p>Medical supplies are available through Big Land Pharmasave Ltd (709) 931-2440.</p>	
Pharmacy	<p>Two pharmacies in the community. Big Land Pharmasave Ltd and South Coast Dispensary.</p>	
Transportation	<ul style="list-style-type: none"> • Trans Labrador Highway (Route 513) and through Deer Lake (route 430). • Ferry Services accessible through Blanc Sablon to Corner Brook. 	
Community History	<p>Forteau includes the small communities of English Point and Buckles Point. Its name is derived from the French words meaning "Strong Waters". In 1909 the International Grenfell Association built a nursing station here and Grenfell Regional Health Services, and now Labrador-Grenfell Health, continues to provide medical services in this region.</p>	
Population	<p>429</p>	

5. White Bay Central Health Centre

Health Centre Contact Information		Roddickton-Bide Arm, Newfoundland Phone: 709-457-2215 Fax: 709-457-2076
Services	<p>The White Bay Central Health Centre provides primary and secondary health services to the White Bay area, including the towns of Roddickton-Bide Arm and the eastern coast of the Northern Peninsula of Newfoundland; including Englee, Main Brook, Conche, Croque and St. Juliens.</p> <p>Services:</p> <ul style="list-style-type: none"> • Ambulatory Care/Family Medicine. • Emergency Services. • Palliative Care. • 24-hour ambulance service. • Public Health. • Mental Health Nursing. • Home Care Nursing. • Dental Services. • Diagnostic Services (limited laboratory and x-ray). • Referrals to regional services available for physiotherapy, occupational therapy and, clinical nutrition. • Speech language therapy. • Child Behaviour Specialist (2 days a week). • Family Rehab. • Diabetic Educator. 	
Community Health Services	<ul style="list-style-type: none"> • Public Health Nursing services and clinics (post-natal visiting, newborn care, pre-school and well-baby assessments, lifestyle clinics, pre-natal classes, etc.). • Mental Health Nursing Services. • Home Care Nursing Services. 	
Hours of Operation	Emergency services are available 24 hours a day, seven days a week. Other services are generally available 8:00 a.m. – 4:00 p.m. Monday to Friday.	
Medical Supplies	Medical supplies are available from pharmacy in the community.	
Pharmacy	Medications are available from pharmacy in the community.	
Transportation	Roddickton-Bide Arm is accessible via road transport on Route 430, the Viking Trail. Local bus company travels from Corner Brook and courier company operates to St. Anthony and the Straits.	
Community History	Roddickton-Bide Arm was originally named Eastern Brook and was used by residents of Englee, a small fishing community for salmon fishing, hunting and trapping. In 1906, the Grenfell Mission began a sawmill operation here and the name was changed to Roddickton. It amalgamated with the former Town of Bide Arm on January 1, 2009 to create the Town of Roddickton-Bide Arm.	
Population	1,057 2,186 (combined communities serviced)	

6. Strait of Belle Isle Health Centre

Health Centre Contact Information		Flower's Cove, Newfoundland Phone: 709-456-2401 Fax: 709-456-2562
Services	<p>The Strait of Belle Isle Health Centre is located in Flower's Cove. The clinic operates 24 hours a day, seven days a week. For most clients, first point of contact is a Regional Nurse or Nurse Practitioner, as these staff members offer full clinics at this site in the same manner as family physicians.</p> <p>Services:</p> <ul style="list-style-type: none"> • Ambulatory Care/Family Medicine. • Emergency Services. • 24-hour Ambulance Service. • Diagnostic Services (limited laboratory and x-ray). • Public Health. • Mental Health & Addictions. • Dental Services. • Family Rehabilitation & Intervention. • Diabetes Care. 	
Community Health Services	<ul style="list-style-type: none"> • Public Health Nursing services and clinics (post-natal visiting, newborn care, pre-school and well-baby assessments, lifestyle clinics, pre-natal classes, etc.). • Home Care Nursing Services. 	
Hours of Operation	Emergency services are available 24 hours a day, seven days a week. Other services are generally available 8:00 a.m. – 4:00 p.m. Monday to Friday.	
Medical Supplies	Medical supplies are available from pharmacy in the community.	
Pharmacy	Medications are available from pharmacy in the community.	
Transportation	Flower's Cove is accessible via road transport on Route 430, the Viking Trail.	
Community History	Originally called French Island Harbour, Flower's Cove is one of the few protected harbours along the northwest coast of Newfoundland's northern peninsula. As such it was heavily used by French migratory cod fishery from the 17 th to early 20 th century.	
Population	308	

EASTERN HEALTH




Health Sciences Centre

The Health Science Centre includes:


1. The General Hospital.
2. The Janeway Child Health Centre.
3. The Dr. H. Bliss Murphy Cancer Centre.
4. Memorial University Schools of Pharmacy, Medicine and Nursing (Not Profiled).

1. General Hospital

Contact Information		St. John's Newfoundland Phone: General Inquiries: (709) 777-6300 Emergency Services: 911
Services	<p>The General Hospital provides adult acute care services to the community and surrounding area, as well as specialty services for the province. Services include:</p> <ul style="list-style-type: none"> • 354 inpatient beds, including oncology, urology, neurology, medicine, cardiac care, general surgery, neurosurgery, intensive care, orthopedic surgery and other specialty services. • Laboratory services. • Diagnostic imaging (includes x-ray). • Outpatient Clinics. • Emergency Services. • Acute care services and post-acute care follow up. • Assessment for personal care home and long term care placement. • Chronic disease prevention and management. • Community Adult Chemotherapy Program. • Falls Prevention Program. • Home/Community IV Program. • Home Support Services. • Palliative and end of life care. • Wound management services. 	
Medicine Program Cancer Services (HSC Site)	<p><u>Inpatient Units: 4th Floor , General Hospital</u></p> <p>4NA 31 bed Inpatient Unit that provides adult chemotherapy and cancer symptom management. Contact Information: 777-6909.</p> <p>4SB Neuro-Medicine Inpatient Unit that provides inpatient radioactive iodine therapy. Contact Information: 777-6499.</p>	

	<p>Ambulatory Treatment Unit (ATU) Main Floor General Hospital, HSC. 18 bed outpatient unit that services hematology oncology and delivers adult outpatient chemotherapy and cancer symptom management. Contact Information: 777-7288. Hours of Operation: 8:00 a.m.-5:00 p.m. Monday-Thursday; 8:00 a.m.-4:00 p.m. on Friday.</p> <p>Endocrinology Clinic Main Floor HSC, Outpatient clinic that provides thyroid cancer management. Hours of Operation: 8:00 a.m.-4:00 p.m. Monday-Friday. Contact Information: 777-6891.</p>
Hours of Operation	Emergency services are available 24 hours a day. Other services are generally available 8:30 a.m. – 4:30 p.m. Monday to Friday.
Language Translation Services	Aboriginal Patient Navigators can arrange interpretative services for Innu-aimun and Inuktitut languages. French – available through Pastoral Care and Ethics Department.
System Navigation	Cancer Care Patient Navigators (1-855-848-3888). Aboriginal patent Navigators (777-2199 or 777-2110).

2. Janeway Children's Health and Rehabilitation Centre

Contact Information	 <p>St. John's, Newfoundland General Inquiries and Patient Information: (709) 777-6300 Emergency: (709) 777-4575 Poison Control: (709) 722-1110 or 1-866-727-1110</p> <p>Pediatric Telephone Advice Line: (709)722-1126 or 1-866-722-1126</p>
Services	<p>The Janeway is a facility associated with the Child and Women's Health Program of Eastern Health. The Janeway provides primary, secondary and tertiary care to children up to their 18th birthday and to women requiring obstetrical or gynecological services. The program provides inpatient and outpatient services. Services are provided in St. Johns at the Janeway; Health Sciences Centre; Major's Path and additional Eastern Health sites.</p> <p>It offers pediatric services to the community and surrounding area, as well as specialty services for the province. Services include:</p> <ul style="list-style-type: none"> • 42 Acute Care Medical Surgical beds. • Pediatric Oncology Services. • 7 Acute Care Psychiatry beds. • 28 Neonatal Intensive Care beds. • 6 Pediatric Intensive Care beds. • Laboratory Services. • Diagnostic Imaging (includes X-Ray). • Surgery. • Outpatient Clinics. • Emergency Services. • Rehabilitation Services. • Pediatric Mental Health Services. <p>Community services for children are within the Development and Rehabilitation Division of the Janeway.</p> <ul style="list-style-type: none"> • Extensive Rehabilitation Centre. • Outpatient Services. • Outreach Programs in Diabetes, Asthma, Cystic Fibrosis, Oncology Services and Hemophilia. • Janeway Lifestyles Program. • Therapeutic Pool. • Janeway St. John's Maple Leaf Gardens (therapeutic play garden). <p>Other community services for children are provided by the Home and Community Care Program of Eastern Health (see description under General Hospital profile).</p>
Hours of Operation	<p>Emergency services are available 24 hours a day. Other services are generally available 8:30 a.m. – 4:30 p.m. Monday to Friday.</p>
Language Translation Services	<p>Aboriginal Patient Navigators can arrange interpretative services for Innu-aimun and Inuktitut languages. French – available through Pastoral Care and Ethics Department.</p>
System Navigation	<p>Cancer Care Patient Navigators (1-855-848-3888). Aboriginal Patient Navigators (777-2199 or 777-2110).</p>

3. Newfoundland and Labrador Cancer Care Program

The Cancer Care Program of Eastern Health is a provincial program, with services offered in all four Regional Health Authorities.

	
Contact Information	 <p>Dr. H. Bliss Murphy Cancer Centre St. John's, Newfoundland Phone: (709)777-6480 New Patient Registration: (709) 777-8215 Fax: (709) 753-0927 Attached to the Health Science Centre</p> <p style="text-align: center;">*Only facility in the province that offers radiation therapy.</p>
	 <p>Cancer Centre Gander, Newfoundland Phone: (709) 256-5545 Fax: (709) 256-5470 Located on the main floor of the James Paton Memorial Hospital.</p>
	 <p>Cancer Centre Grand Falls – Windsor, Newfoundland Phone: (709) 292 – 2112 Fax: (709) 489 – 7217 Located on the main floor of the Central Newfoundland Regional Health Centre.</p>
	 <p>Cancer Centre Corner Brook, Newfoundland Phone: (709) 637 - 5476 Fax: (709) 639 – 7222 Located on the 4th floor of the Western Memorial Regional Hospital, Corner Brook.</p>
Services	<p>Care at the Cancer Centre is delivered by 200 staff working with patients and their families as an interdisciplinary team to deliver the best care possible. With the patient and their family at the Centre of the team, other team members may include:</p> <ul style="list-style-type: none"> • The family doctor. • Oncologists/surgeon/specialist doctors. • Nurses/specialty nursing services. • Radiation therapists (if you are receiving radiation therapy). • Pharmacists. • Dietitians, Social Workers, Pastoral Care professionals and others. • Clerical staff. • Volunteers. • Tele-oncology services provided to all RHA's
Hours of Operation	<p>The four Cancer Centre's (St. John's, Gander, Grand Falls and Corner Brook) operate Monday to Friday from 8:30 a.m.-4:30 p.m.</p>


Language Translation Services	Aboriginal Patient Navigators can arrange interpretative services for Innu-aimun and Inuktitut languages. French – available through Pastoral Care and Ethics Department.
Cancer Care Patient Navigator Services	The Cancer Care Program has eight cancer patient navigators located throughout the province; three in Eastern Health, one in Central Health, one in Western Health and three part-time navigators in Labrador-Grenfell Health. These are specialty trained oncology nurses who can help guide patients and their families around the cancer care system, and assist with access to services. The patient navigators help with the transitions between points of care; anticipate needs, facilitate access to services and can refer patients and families to other services. Patient navigator offices are located in Happy Valley-Goose Bay, Labrador City, St. Anthony, Corner Brook, Gander, Clarenville and St. John's.
System Navigation	Cancer Care Patient Navigators (1-855-848-3888). Aboriginal Patient Navigators (777-2199 or 777-2110). Palliative Care Navigator (777-7303).

Additional Eastern Health Hospitals


4. St. Clare's Mercy Hospital

Contact Information	 <p>St. John's, Newfoundland Phone: (709) 777-5000</p>
Services	<p>St. Clare's Mercy Hospital Offers adult acute care services to the community and surrounding area, as well as specialty services for the province.</p> <p>Services include:</p> <ul style="list-style-type: none"> • 207 inpatient beds, including medicine, head and neck surgery, orthopedic surgery, vascular surgery, intensive care and thoracic surgery. • Laboratory services. • Diagnostic imaging (includes x-ray). • Surgery. • Outpatient Clinics. • Emergency Services. • Acute care services and post-acute care follow up. • Assessment for personal care home and long term care placement. • Chronic disease prevention and management. • Community Adult Chemotherapy Program. • Falls Prevention Program. • Home/Community IV Program. • Home Support Services. • Palliative and end of life care. • Wound management services.
Hours of operation	<p>Inpatient and emergency services are available 24 hours a day. Other services are generally available 8:30 a.m. – 4:30 p.m. Monday to Friday.</p>
Language Translation Services	<p>Aboriginal Patient Navigators can arrange interpretative services for Innu-aimun and Inuktitut languages. French – available through Pastoral Care and Ethics Department.</p>
System Navigation	<p>Cancer Care Patient Navigators (1-855-848-3888). Aboriginal Patient Navigators (777-2199 or 777-2110).</p>

5. Waterford Hospital

Contact Information	 <p>St. John's, Newfoundland Phone: General Inquiries: (709) 777-3300 Emergency: (709) 777-3022 (Psychiatric Assessment Unit) Mental Health Crisis Line/Gambling Help Line and Mobile Crisis Response: (709) 777 3200 or 1-888-737-4668</p>
Services	<p>The Waterford Hospital is a facility associated with the Mental Health and Addictions Program of Eastern Health. It offers services for adults in the community and surrounding areas, as well as specialized mental health services for the province.</p> <p>Services include:</p> <ul style="list-style-type: none"> • 160 inpatient beds that include geriatric psychiatry, a short-stay unit, forensic psychiatry, rehabilitation and transitional care units. • Laboratory Services. • Outpatient Clinics. • Dialysis. • Diagnostics. <p>The Mental Health and Addictions Program in an integrated program, offering a number of community based programs in areas such as,</p> <ul style="list-style-type: none"> • Promotion. • Prevention. • Outreach. • Urgent. • Emergent. • Crisis response. • Acute care. • Rehabilitative. • Continuing care services. • These services are offered across the lifespan targeting children and youth, adults and seniors with mental health and substance use/gambling problems; addictions and mental illnesses. Services range from assessment, counseling, detoxification, treatment and follow up to vocational rehabilitation, housing services, case management and leisure/recreation programming.
Hours of Operation	<p>Inpatient and Emergency services are available 24 hours a day. Other services are generally available 8:30 a.m. – 4:30 p.m. Monday to Friday.</p>
Language Translation Services	<p>Aboriginal Patient Navigators can arrange interpretative services for Innu-aimun and Inuktitut languages. French – available through Pastoral Care and Ethics Department.</p>
System Navigation	<p>Cancer Care Patient Navigators (1-855-848-3888). Aboriginal Patient Navigators (777-2199 or 777-2110).</p>

6. Dr. Leonard A. Miller Centre

Contact Information		<p>St. John's, Newfoundland Phone: (709) 777-6555</p>
Services	<p>The Rehabilitation and Continuing Care program provides adult rehabilitation and palliative care services at the Dr. L.A. Miller Centre. Rehabilitation services are offered for the community and surrounding area, as well as the province. The Veteran's Pavilion; a long-term care facility of the Department of Veteran's Affairs (DVA) is attached to the Dr. L.A. Miller Centre.</p> <ul style="list-style-type: none"> • There are 66 inpatient beds; 56 for rehabilitation and 10 for palliative care. • There are 54 beds for LTC in the DVA Pavilion. <p>Services include:</p> <ul style="list-style-type: none"> • Inpatient stroke recovery unit. • Inpatient slow-paced rehabilitation. • Inpatient spinal cord injury and trauma recovery. • Palliative Care Unit. • Outpatient Rehabilitation services. • Prosthetics and Orthotics. • Long-term care (DVA). • Centre for Pain and Disability Management. • Acute care services and post-acute care follow up. • Assessment for personal care home and long term care placement. • Chronic disease prevention and management. • Community Adult Chemotherapy Program. • Falls Prevention Program. • Home/Community IV Program. • Home Support Services. • Palliative and end of life care. • Wound management services. <p>Interdisciplinary care teams work with clients at the L.A. Miller Centre. This includes nurses, physiotherapists, occupational therapists, social workers, therapeutic recreation specialists, psychologists, physicians and speech language pathologists.</p>	
Hours of Operation	<p>This facility is accessible 24 hours a day, 7 days a week. Most outpatient services are generally available Monday to Friday from 8:30 a.m. -4:30 p.m.</p>	
Language Translation Services	<p>Aboriginal Patient Navigators can arrange interpretative services for Innu-aimun and Inuktitut languages. French – available through Pastoral Care and Ethics Department.</p>	
System Navigation	<p>Cancer Care Patient Navigators (1-855-848-3888). Aboriginal Patient Navigators (777-2199 or 777-2110). Palliative Care Navigator (777-7303).</p>	

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