St. John's – Screening for Distress Resource Pathways

Cancer Care Resources

Social Work Referral:

HSC: 777-6493 Cancer Centre: 777-7604, Fax: 777-6185 SCMH: 777-5583

Pastoral Care:

Eastern Health: 777-6959

Pain and Symptom Care:

Palliative Care: 777-6802

Palliative Care Navigator: 777-7303 Palliative End of Life Coordinator -Health & Community Services: 752-3559

Palliative & Bereavement Social Worker -Health and Community Services: 752-4369

Nutrition Services:

Cancer Centre: 777-7604, Fax: 777-6185 Eastern Health: 752-3669

Aboriginal Navigators: 777-2199

Telephone Triage:

Outpatient Appointments CAC: 777-7176 Outpatient Appointments HSC: 777-5236

Client Relations/Complaints:

Eastern Health: 777-6500 Email: client.relationsofficer@easternhealth.ca

Cancer Patient Navigators:

1-855-848-3888

Lymphedema:

Lymphedema Coordinator: 777-8713

Look Good Feel Better:

Cancer Centre: 777-6480

Rehabilitation:

PT: 777-6460 OT: 777-7145

Enterostomal Therapy:

Cancer Centre: 777-7554 or 777-7555 Seniors Ostomy Subsidy Program: 753-3615

ESAS-R and CPC

Practical Concerns

- Work/School
- Finances
- Getting to and from appointments
- Accommodation

Emotional Concerns

- Fears/worries
- Sadness

M

A

N

Α

G

Е

D

В

Y

C

Α

N

 C

Е

R

 \mathbf{C}

A

R

Ε

T

Е

Α

M

- Frustration/Anger
- Changes in appearance
- Intimacy/Sexuality

Anxiety

Depression

Poor Wellbeing Spiritual Concerns

Meaning/purpose of

life. Faith

Social/Family Concerns

- Feeling a burden to others
- Worry about family/friends

Pain

Tiredness

Drowsiness

Nausea

Lack of appetite

Shortness of breath Physical Concerns

Concentration/memory

- Sleep
- Weight

Informational Concerns

- Understanding my illness and/or treatment
- Talking with my medical team
- Making treatment decisions
- Knowing about available resources

Community Resources

Medication:

NLPDP: 1-888-859-3535 Compassionate Access Coordinator, Cancer Centre 777-7541 Social Work Assistant, HSC: 777-7446

Social Work Assistant, SCMH: 777-5206

Mental Health:

Adult Central Intake office: 752-6852 Mobile Crisis Response Service: 1-888-737-4668 Consider accessing Employer's Employee and Family Assistance Program (EFAP) Psychiatric Assessment Unit, Waterford 777-3022

Health and Community Services: See regional listings

Meals on Wheels: VON 726-8597

Nurse Coordinator: 752-3664, Fertile Future: 1-877-467-3066

Transportation:

Volunteer Driver Program: 753-6520 Hope Air: 1-877-346-4673 (www.hopeair.org)

Smokers Help Line NL: 1-800-363-5864

Young Adult Cancer Canada Team

579-7325 (Phone), 579-7326 (Fax) connect@youngadultcancer.ca www.youngadultcancer.ca

Financial Programs:

Medical Travel Assistance Program: 1-877-475-2412 Veterans Affairs: 1-800-563-9623 (www.vac-acc.gc.ca) Workman's Compensation: 1-800-563-9000 (www.whscc.nf.ca) Human Resources Development Canada: 1-800-622-6232 (www.hrdc.drhc.gc.ca)

Dr. H. Bliss Murphy Cancer Care Foundation: Send referral via Social Work

Canada Pension disability:

www.servicecanada.gc.ca/eng/.../pensions/cpp/disability

Medical Equipment and Supplies:

Eastern Health: 777-7404, Red Cross: 758-8400

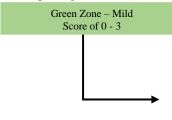
${\bf Accommodations:}$

Agnes Cowan Hostel: 777-6831, Daffodil Place: 753-6520 Extended Stay: 754-7888, Hillview Terrace: 1-888-754-9822

Websites:

Canadian Cancer Society: www.cancer.ca Eastern Health: www.easternhealth.ca Federal Government Program: www.hrdc.drhc.gc.ca Provincial Government Programs: www.health.gov.nl.ca

Guide to Interpreting Scores



All groups the following should take place:

- Score acknowledged
- Conversation charted
- Follow through on action plan identified

INFORMATION THAT MUST BE DOCUMENTED

- Sign and Date Screening for Distress tool (indicate reason if tool is not completed)
- That concerns were reviewed through conversation with patient and health care provider
- Patients' priority concerns
- Action Taken (i.e. nursing intervention referrals, etc.)
- Follow-up plan if any (i.e. nurse to follow-up)