

Burin – Screening for Distress Resource Pathways

Cancer Care Resources

Social Work Referral:

GB Cross: 466-6173
Cancer Centre: 777-7604, Fax: 777-6185
Burin: 891-3446
Bonavista: 468-5254

Pain and Symptom, Palliative Care Services:

Palliative End of Life Coordinator – 759-3361
Health & Community Services: 279-7900
Social Work referral through community liaison

Nutrition Services:

Cancer Centre: 777-7604, Fax: 777-6185
Burin: 891-3393

Outpatient Appointments:

Cancer Centre: 777-7176
Burin: 891-3522

Client Relations/Complaints:

Eastern Health: 777-6500
Email: client.relationsofficer@easternhealth.ca

Cancer Patient Navigators:

1-855-848-3888
Karen Pritchett: 466-5763

Lymphedema:

Lymphedema Coordinator: 777-8713

Look Good Feel Better:

Cancer Centre: 777-6480

Rehabilitation – PT/OT:

Burin: 1-709-891-3390

Enterostomal Therapy/Wound Care/Port-a-Cath/Pick Line Care:

Eugenia Devereaux – Community Liaison
Burin: 891-3542

Enterostomal Therapy/Wound Care:

Lana Mah: 777-7555
Natasha Lowe: 752-4000

ESAS-R and CPC

Practical Concerns

- Work/School
- Finances
- Getting to and from appointments
- Accommodation

Emotional Concerns

- Fears/worries
- Sadness
- Frustration/Anger
- Changes in appearance
- Intimacy/Sexuality

Anxiety

Depression

Poor Wellbeing

Spiritual Concerns

- Meaning/purpose of life
- Faith

Social/Family Concerns

- Feeling a burden to others
- Worry about family/friends

Pain

Tiredness

Drowsiness

Nausea

Lack of appetite

Shortness of breath

Physical Concerns

- Concentration/memory
- Sleep
- Weight

Informational Concerns

- Understanding my illness and/or treatment
- Talking with my medical team
- Making treatment decisions
- Knowing about available resources

Community Resources

Medication:

NLPDP: 1-888-859-3535
Compassionate Access Coordinator, Cancer Centre 777-7541
Social Work – Burin: Kim Vaters 891-3446

Mental Health:

Start Clinic: 777-5390
Marystown: 279-7900
Consider accessing Employer's Employee and Family Assistance Program (EFAP)

Pastoral Care:

Eastern Health, Peninsulas Region:
Rev. Kevin Durdle: 466-6356 Fax: 466-6346

Health and Community Services: See regional listings

Fertility Services

Nurse Coordinator: 752-3644, Fertile Future: 1-877-467-3066

Smokers Help Line NL: 1-800-363-5864

Financial Programs:

Medical Travel Assistance Program: 1-877-475-2412
Veterans Affairs: 1-866-522-2122 (www.vac-acc.gc.ca)
Workman's Compensation: 1-800-563-9000 (www.whscc.nf.ca)
Human Resources Development Canada: 1-800-622-6232 (www.hrdc.drh.gc.ca)
Dr. H. Bliss Murphy Cancer Care Foundation: Send referral via Social Work
Canada Pension disability: www.servicecanada.gc.ca/eng/.../pensions/cpp/disability

Medical Equipment and Supplies:

Special Equipment & Supplies, Eastern Health: 777-7404
Red Cross: 758-8400, The Hub: 754-0352

Accommodations:

Agnes Cowan Hostel: 777-6831, Daffodil Place: 753-6520
Extended Stay: 754-7888, Hillview Terrace: 1-888-754-9822

Websites:

Canadian Cancer Society: www.cancer.ca
Eastern Health: www.easternhealth.ca
Federal Government Program: www.hrdc.drh.gc.ca
Provincial Government Programs: www.health.gov.nl.ca

Guide to Interpreting Scores

Green Zone – Mild
Score of 0 - 3

Yellow Zone – Moderate
Score of 4 - 6

Red Zone – Severe
Score of 7 - 10

All groups the following should take place:

- Score acknowledged
- What that score means to the patient discussed
- Conversation charted
- Follow through on action plan identified

INFORMATION THAT MUST BE DOCUMENTED

- ✓ Sign and Date Screening for Distress tool (indicate reason if tool is not completed)
- ✓ That concerns were reviewed through conversation with patient and health care provider
- ✓ Patients' priority concerns
- ✓ Action Taken (i.e. nursing intervention referrals, etc.)
- ✓ Follow-up plan if any (i.e. nurse to follow-up)

For questions or concerns please contact the Cancer Patient Navigators at 1-855-848-3888

Adapted with permission Alberta Health Services