



**NL Health
Services**

Regional Cervical Screening Clinics – Western Zone

Infection with certain types of human papilloma virus (HPV), acquired through sexual contact causes nearly all types of cervical cancer. The introduction of the HPV vaccine in 2007 will reduce the development of cervical cancer in the long-term. In the meantime, cervical screening (the Pap test) can find early cell changes, before cancer develops, when treatments are available and most likely to be successful.

Cervical Screening services are now offered throughout each of the 7 health neighbourhoods within the Western Zone and are accessible to all residents that would like to have a PAP test. The open screening clinics encourages participation in cervical screening, whether patient's have a primary care provider or not. Every effort will be made to accommodate an appointment as close to their home as possible.

Who Should be Screened?

People aged 21-69 who have ever been sexually active and have a cervix

How often Should I be Tested?

Completed once yearly until there are 3 consecutive negative pap tests and then once every three years thereafter

When Can I Stop Having Pap Tests Done?

Screening may cease at age 69 years old, if people with a cervix have a history of regular and negative pap tests

Site Locations:

Family Care Team Hub Site Location	Contact Number
Corner Brook and Bay of Islands Area Western Memorial Health Clinic - 2 nd Level 3 Herald Avenue, Corner Brook	709-637-3965
Bonne Bay Area Norris Point Family Practice Main Street 135, Norris Point	709-458-2211
Port Saunders Area Rufus Guincharde Family Practice 1 Hospital Lane, Port Saunders	709-861-3139
Humber Valley & White Bay Area Humber Valley/White Bay Family Care Team 33 Reid's Lane, Deer Lake	709-635-4202 Press 2, Press 3

<p>Stephenville & Bay St. George Area</p> <p>Stephenville/Bay St. George Family Care Team 129 Montana Drive, Stephenville</p> <p>Lourdes Medical Clinic, 88 Main St.</p> <p>Degrau Medical Clinic, 1017 Oceanview Dr.</p> <p>Stephenville Crossing Medical Clinic, 66-68 Main St.</p> <p>St. George's Medical Clinic, 204-206 Main St.</p> <p>Jeffrey's Medical Clinic, 637 Main Rd</p> <p>**Please note: If you are attached to any of the above clinics, please call that specific clinic to arrange a PAP test. If you do not have a provider, please call the number for the BSG Family Care Team to arrange a PAP for you.</p>	<p>709-643-7447</p> <p>709-642-5371</p> <p>709-644-2660</p> <p>709-646-2233</p> <p>709-647-3542</p> <p>709-645-2200</p>
<p>Burgeo Area</p> <p>Calder Health Center Family Practice 7 Peddle Place, Burgeo</p>	<p>709-886-3350 ext. 4110</p>
<p>Port Aux Basques Area</p> <p>Port aux Basques Family Care Team 187 Hardys Arterial, PAB</p> <p>Doyles Medical Clinic 1 Benoit's Siding</p>	<p>709-695-9771 ext. 3</p> <p>709-955-2443</p>

Additional Cancer Screening Information:

Colon Cancer Screening Program:

- A Fecal Immunochemical Test (FIT) can be obtained by calling **1-855-614-0144**
- For more information, please go to: <https://cancercare.easternhealth.ca/prevention-and-screening/colon-cancer-screening/>

Breast Screening Program:

- Screening mammogram available for women 40-74 in Corner Brook via *self-referral*.
- To book an appointment in the Western Zone, call **709-634-8558 or toll free: 1-800-414-3443**
- For additional information, go to: <https://cancercare.easternhealth.ca/prevention-and-screening/breast-screening-program/>